Welcome to 125 LIVE,

Thank you for choosing to be part of Rochester’s fastest growing community of healthy adults. 125 LIVE is a friendly and inviting destination which offers a variety of programs, special events and learning opportunities.

125 LIVE is excited to serve you with expanded hours of operation, the most current of which can be found in program guides at Membership Services. Please note that hours are subject to extension based on facility programming and rentals.

To make certain your 125 LIVE experience is the most it can be, we ask that you review the attached expectations prior to joining.

If you have any suggestions, recommendations, comments or kudos, please do not hesitate sharing them with one of our helpful team members. I very much look forward to meeting you.

Sincerely,

Sylwia Oliver-Bujak, Executive Director
WELCOME TO 125 LIVE!

ALL MEMBERS

START AT THE MAIN LEVEL DESK

• Pick up the most current quarterly program guide and a social, pool and group fitness calendars
• Register for paid programs at Membership Services in person or call (507.287.1404)

Social Members
• If you’re interested in specific games or groups, you can either arrive at the scheduled times to join them or we will have the volunteer leaders contact you

Fitness Members
• Schedule your complimentary fitness assessment and orientation with the Desk Staff
• Members are given the opportunity to receive two (2) fitness assessments per year
• If you’re interested in working 1 on 1 with an accredited fitness professional or in a small group, you can schedule a complimentary consultation to discuss options. Please email personaltrainers@125livemn.org

PLAN TO SCAN

Members are required to scan-in with their 125 LIVE membership card every time they arrive.

• If you forget your membership card, or misplace it, a photo ID will be required to gain entrance to the facility
• If you misplace / lose your membership card it must be replaced immediately for a fee of $10
• Members are required to have their photo on record and printed on their membership card
• Any misuse of membership privileges will result in the card being revoked and membership terminated
WHY SHOULD I PLAN TO SCAN?

- We don’t get paid from your insurance company if you don’t scan in each time you arrive.
- We adjust staffing, hours of operation and programming based on number of scans per hour throughout the day.
- You signed a member agreement agreeing to scan each time you arrive.
- If every member scanned once daily, we would receive $30,000 per month in reimbursements.
EXPLORE

SOCIAL MEMBERS

• Feel free to join one of the dozens of interest groups we host weekly: woodcarvers, square dancers, quilters, knitters, card players, puzzle builders, genealogists, tech gurus, Young at Heart Choir, billiards players, photography buffs, acoustic musicians and book clubbers

• You have full access to our library and Technology Learning Center, both of which are located in the lower level

• Get in touch with your creative side by taking an art or pottery class in our stunning studios

• Catch a classic film and enjoy popcorn during Free Movie Mondays

• Join one of our social gym activities like pickleball

FITNESS MEMBERS

• Join one of our 100+ fitness classes scheduled each week, all of which are included in your fitness membership (unless class requires registration). All classes between 8AM-11AM are older adult friendly however, all classes vary in intensity

• Play basketball, pickleball and ping pong (we have a special schedule for those activities)

• Have one of our team members assist you in creating a special work out with the pneumatic HUR equipment

• Use our suspension training, free weight section, hop on a treadmill to get your steps in or go for a run

• Try the warm water pool in which you will find classes and extended open swim time

• We have 2 walking trails, the maps of which can be found at the desk
Complimentary Wi-Fi is available to all 125 LIVE members and guests

**Name**
125 LIVE Guest

**Password**
125internet

Most rooms at 125 LIVE are equipped with Hearing Loop technology

**Hearing Device**
If you have a hearing device, turn your "t-switch" on to activate the t-coil

We want your belongings to be safely stored, so please take advantage of complimentary secure day-use lockers

**LOCK**
Press (c) clear
Enter a four-digit code of your choosing
Press key symbol

**UNLOCK**
Press (c) clear
Enter your four-digit code
Press key symbol

Please note the option to rent one of our lockers
Member’s Acceptance of Rules and Policies
Upon acceptance of this application by 125 LIVE, the Member hereby agrees to the terms and conditions of this Agreement. The Member has reviewed the membership rights and privileges and agrees to abide by all rules and policies of 125 LIVE, which are subject to change without notice. Our policies are also located on our web site; www.125livemn.org.

Membership Information
Questions regarding membership at 125 LIVE should be directed to the Membership Service Team at (507) 287-1404

Assignment of Agreement
Members may not sell, assign or transfer Member’s membership rights under this Agreement.

Cancellation; Involuntary Suspension or Termination
125 LIVE may suspend or terminate membership at any time and without notice for the reasons including but not limited to those listed below. A suspended or terminated Member remains liable for all dues and other indebtedness incurred.

- If a Member or a Member’s guest fails to comply with any of the rules or regulations adopted by 125 LIVE.
- If a Member or a Member’s guest engages in conduct 125 LIVE determines to be improper or contrary to the best interest of 125 LIVE.
- If a Member is thirty (30) days past due in their account.
- If a Member is found to have abused their membership type (e.g.; using the Fitness Center while only having a Social Membership, attending Social activities as a Fitness Member without paying the non-member enrollment fees)

Cancellation; Voluntary
Members may terminate membership after one (1) full billing cycle or sixty (60) days by providing notice on a Membership Cancellation Form. Notice must be mailed (125 LIVE, 125 Elton Hills DR NW, Rochester, MN 55901) or hand delivered to 125 LIVE during business hours. Notices received by 125 LIVE between the 1st and 20th of a given month will be effective at the end of the same month. A notice received between the 21st and
the end of a given month will be effective at the end of the following month. Such voluntary termination shall not be deemed effective until after the expiration of notice period and all required payments have been made by the Member to 125 LIVE.

**Damages**
125 LIVE shall not be liable for any lost, stolen, or damaged articles in the facility, parking lot, or offsite.

**Delinquent Accounts**
If Member fails to make payment within thirty (30) days, in addition to being subject to involuntary suspension or termination, the account will be classified as delinquent and the Member will be responsible for all collection costs, including attorneys’ and other collection fees, and any fees from add-on addendums.

**Downgrade requests must be submitted by the 20th of the month.** The membership status change must remain in effect for sixty (60) days or one billing cycle after any change. A $10 membership change fee will apply.

**Dues**
The Member shall pay membership dues, the amount, manner and time of payment shall be established by 125 LIVE and may be changed from time-to-time. Member’s obligation to pay dues is not dependent on the availability of all of 125 LIVE’s facilities. Tournaments, repairs and/or maintenance of the facilities may make it necessary for 125 LIVE to restrict use of one or more of the facility areas or to temporarily close the center, which will not reduce or suspend the Member’s obligation to pay dues.

**Enrollment Fee**
Any new member shall pay an enrollment fee of $45. The amount of the fee will be paid upon enrolling as a member to 125 LIVE. The registration fee is a one-time-only charge, but if membership lapses for more than sixty (60) days or if a spouse is added after the initial enrollment fee is paid, the Member is subject to the enrollment fee in effect at that time.
**Governing Law**
This Agreement shall be construed and enforced in accordance with the laws of the State of Minnesota.

**Indemnity**
Members hereby agree to indemnify, hold harmless and defend 125 LIVE from and against any and all claims, losses, damages, injuries, costs and expenses, including court costs and reasonable attorney’s fees, in any manner relating to or arising out of the acts or omissions, negligent or otherwise of Member, Member’s guests, and/or anyone else for whose acts and/or omissions Member may be liable. The provisions of this paragraph shall survive the termination of this Agreement.

**Late or Return Item Charges**
A $20 late fee will be assessed to the Member for a returned check or credit card draft as a result of insufficient funds, account closed or similar circumstances.

**Membership Type**
Members have the right to change membership type with a Revised Membership Agreement Form at any time of the month. A $10.00 administrative fee and the difference in pro-rated dues will apply and will be collected at the time of upgrade.

**Non-Discrimination**
125 LIVE will accept applications for membership from any individual or business of good character and responsible credit background without regard to race, creed, color, gender, age, marital status, sexual orientation, status in regards to public assistance, disability or national origin.

**Plan to Scan | Member Scan-In**
Members are required to scan-in with their 125 LIVE membership card every time they arrive.

- If you forget your membership card, or misplace it, a photo id will be required to gain entrance to the facility.
• If you misplace / lose your membership card it must be replaced immediately for a fee of $10.
• Members are required to have their photo on record and printed on their membership card.
• Any misuse of membership privileges will result in the card being revoked and membership terminated.

Suspending Membership
Members have the right to suspend membership for no less than one (1) month and no more than three (3) consecutive months during a twelve (12) month cycle at no cost to renew. Suspension longer than three (3) months may be taken, but are subject to a $45 renewal Fee. The Member must complete a Suspension Form with Membership Services between the 1st and 20th of the month prior to suspending dues.

Waiver of Liability
The Member understands that although 125 LIVE’s facilities, equipment, services and programs are designed to provide a safe level of beneficial exercise and enjoyment, there is an inherent risk that use of such facilities, equipment, services and programs may result in injury or death to the Member.

It is expressly agreed that all exercises, treatments, use of equipment and facilities of 125 LIVE are and shall be undertaken at Members’ sole risk. Members assume the risk of any injuries they may suffer while using the equipment and/or facilities of 125 LIVE, and that the City of Rochester, 125 LIVE, the officers, employees and agents of each shall not be liable for any claims, demands, injuries, damages, actions or causes of action, whatsoever to the Member, or property arising out of or connected with the use of any of the services, equipment, and/or facilities of 125 LIVE or of the property or premises where same are located. Members do hereby expressly forever release and discharge the City of Rochester, 125 LIVE, and the officers, employees and agents of each, from all such claims, demands, injuries, damages, actions or causes of action, and from all acts of negligence, active or passive, and all other fault, on the part of the City of Rochester, 125 LIVE, and their Board Members, employees and agents.
Members are strongly encouraged to have a complete physical examination by a medical doctor prior to beginning any workout program or strenuous activity.

125 LIVE Usage Thereof

125 LIVE is available for use by members and non-members alike, all of whom must check-in upon arrival. Members must scan-in at any of the three Plan to Scan branded kiosks located at the Fitness Center Desk, Main Level Desk and Lower Level Desk.

Non-members must purchase a day pass, or present a guest pass at the Main Level Membership Services Desk upon entering the facility.

Activity Areas

125 LIVE Members are encouraged to join as many of the opportunities offered. Please note, in order to use the Fitness Center, swimming pools and locker rooms you must have a FITNESS membership unless otherwise stated (e.g.; Free Family Days).

Fitness Center

- Complimentary fitness equipment and follow-up orientations are highly recommended for all Fitness Members. Register for an orientation with the Fitness Team.
- Please limit use of cardio machines to 30 minutes during peak hours.
- Allow other participants to use strength equipment between sets.
- For the safety and wellbeing of 125 LIVE members and guests, equipment must be cleaned by the user with the provided towels and disinfectant liquid after each use. No exceptions.
- 125 LIVE staff may at any time reserve equipment for special programming.
- Return equipment after use to designated storage locations (e.g.; weights, dumbbells, yoga mats, kettlebells, etc.).
- Aquatic & Fitness changing room lockers are for day use only. All contents remaining in lockers at the end of operating hours will be placed in the Lost and Found.

(Reference Lost & Found Policy on page 9 of this document)
• The following equipment is acceptable to bring into the facility: swim goggles, flippers, swim gloves, pull buoys, kickboards, swim caps and yoga mats.

• Cell phones are allowed on fitness floor for listening to music with headphones only. Ringtones must be set to silent and incoming calls answered off the fitness floor. (Reference cell phone usage policy on page 11 of this document)

Fitness Studio
Group Fitness Studio programs often have lower maximum occupancies, operating on a first come, first serve basis. Other times there are programs requiring registration due to limited space or equipment. Please direct questions about registration to the Membership Services Team at either the Main Level or Fitness Center Desks.

Code of Conduct
Members and guests are expected to conduct themselves in a polite, respectful, considerate and cooperative manner at all times while participating in programs and services provided or sponsored by 125 LIVE. Acts of violence, disrespect for authority, un-sportsmanlike conduct, misuse or abuse of the facility or equipment, or use of foul language or gestures will not be tolerated. 125 LIVE reserves the right to remove patrons from facilities, programs and services via suspension periods determined by the 125 LIVE leadership member.

Competitive Behavior
125 LIVE offers many activities and groups that involve some level of competition (e.g.; card games, billiards, and ping pong). Even with varying skill levels and abilities the main objective is to have fun and enjoy one another’s company. Good natured competition enhances the game as long as good sportsmanship is practiced; be patient, encourage team mates and opponents, don’t be degrading, critical or demanding. If competitive play is of interest to you, please contact the Member Services team to see if a separate group could be formed in which more competitive play may be expected by the group.

Disorderly Conduct
Disorderly conduct is unacceptable and will be sufficient cause for removal from 125 LIVE. Disorderly conduct includes (1) brawling or fighting; (2) disturbing an assembly; (3) engaging in offensive, obscene, abusive, boisterous, harassing, or noisy actions or using
offensive, obscene, threatening or abusive language which may harass or arouse alarm, anger, or resentment in others; (4) carrying on in a manner that is negative, non-cooperative, or disrespectful; or (5) bullying (6) not welcoming new participants/others to activities and/or activity areas.

**Group Conduct Expectations**

Multiple social groups exist at 125 LIVE, some of which have designated leaders to assist staff in development and implementation of activities and programs. The group leader will serve as a liaison between participants and center management.

It is expected that all group leaders and 125 LIVE volunteers adhere to the policies established in their job description. It is an expectation that all communication, fundraising, purchases, special events and outside activities adhere to 125 LIVE standards and be approved by the 125 LIVE management team. *(Reference PETITIONS, SURVEYS, FUNDRAISING, SOLICITATIONS policy on page 14)*

**Inappropriate Behavior**

Inappropriate behavior includes any behavior that is disruptive to the participants, volunteers or staff of 125 LIVE, including but not limited to:

- Violation of 125 LIVE policies
- Solicitation for personal or improper purpose
- Disorderly conduct
- Any crime, misdemeanor or violation of City of Rochester ordinance
- Indecent exposure
- Offensive, shouting, loud or abusive language
- Physical or threatening harm to self or others
- Threatening or intimidating behavior
- Offensive hygiene
- Theft of or damage to 125 LIVE property

If you feel uncomfortable by the language or behavior of others, please immediately notify Membership Services. Individuals demonstrating inappropriately competitive behavior, disorderly conduct or inappropriate behavior may expect the following:

1st Offense- Asked to leave the facility and may not return for 24 hours.
2\textsuperscript{nd} Offense- Will be suspended from the activity until further notice.
3\textsuperscript{rd} Offense- 125 LIVE membership/participation privileges revoked.

\textbf{Alcohol / Controlled Substances}
Alcohol and/or controlled substances may not be brought on site. Persons who are intoxicated will be asked to leave.

Alcohol may be served and/or sold at sponsored activities / events. In such case, moderate consumption is allowed and enforced.

\textbf{Animals}
Only service animals wearing a properly issued service vest and trained to assist an individual with a disability are permitted in 125 LIVE. Exceptions may be made for special programs and situations at the discretion of staff.

\textbf{Cell Phone Usage}
Use of cameras, cell phone cameras, video or still photography is PROHIBITED in all fitness areas, including the swimming pools and locker rooms out of respect for personal privacy. Out of consideration for other members, you are required to move to a public area to take and make phone calls.

\textbf{Dress Code}
The 125 LIVE dress code is designed to assure all members and guests feel welcome and comfortable. The goal of 125 LIVE is to provide a safe, non-intimidating, and inclusive environment where adults can feel comfortable regardless of their age, body shape and body size. 125 LIVE expects all members to wear comfortable attire when participating in activity areas. 125 LIVE staff reserves the right to determine what attire is appropriate and is in the best interest of the participants.

\begin{itemize}
\item UNACCEPTABLE CLOTHING:
\item Cut-off t-shirts, shorts or jean shorts
\item Bare-midriff tops
\item Revealing open-back tops or open back tank-tops
\end{itemize}
• Sheer/lace see-through type tops or shorts
• Wearing only a sports bra without a top
• Large or bulky jackets, bags or accessories that may pose a tripping hazard

Please see DAY USE LOCKER for information regarding storage of personal belongings

FOOTWEAR
Appropriate Footwear is required while in the fitness center, gymnasium, and throughout 125 LIVE. To reduce the potential for infection transmission, clean, dry shoes are required in the fitness center and gymnasium. Exceptions include fitness classes where shoes are not worn (i.e. yoga). The following shoe types are not acceptable and deemed unsafe for fitness activities

• Dress shoes
• Street shoes
• Open-toed and or backless shoes
• Boots of any kind
• Crocs and flip flops

Emergencies
When the alarm sounds or when notified by staff, please follow directions promptly. Evacuation routes can be found near the light switch in every room throughout 125 LIVE. If you have questions regarding emergency protocols, please do not hesitate reaching out to Membership Services.

Food & Beverages
Water bottles and covered sports drinks are allowed in all fitness areas. Coffee is not allowed in fitness center or fitness studio. All other food and beverages are to remain in designated eating areas or meeting rooms. It is the responsibility of the participants to clean up the area used. The commercial kitchen is governed by special food and beverage policies. Use of this kitchen must be approved by 125 LIVE staff and meet all designated requirements.
Members / Guests may bring food or drinks (homemade or purchased) to enjoy during the activity; including supplying own coffee maker, coffee and cups, 125 LIVE does not provide amenities to store or heat food/drink items. All serving ware and utensils must be provided by Member or Guest.

**Guest Policy**
Non-members may utilize a guest pass up to three (3) times per calendar year. After reaching the limit, individuals will be required to pay for a daily pass or sign-up for a membership. Complimentary and reduced rate memberships are available for those in need.

**Indecent Exposure**
Indecent exposure, including the removal or adjusting of clothing in a way that causes exposure while in any area where such exposure may be viewed by another, is unacceptable.

**Independence**
125 LIVE is designed to serve independent adults. Participants are expected to provide their own personal care including hygiene, toileting, continence, and feeding. Participants are expected to be capable of independent decision making, independence into & out of the building, and capable of planning their own activities. Those with special needs and/or limited capabilities, whether mental or physical, may need to bring a caregiver adult or personal care attendant with them to provide the special assistance that is necessary. 125 LIVE is not responsible for providing assistance with medication and other personal health & medical care.

**Injury**
If you are injured while on the premises, you are required to see staff immediately. A 125 LIVE team member will provide or arrange for the appropriate medical assistance or attention. It will be necessary to complete an **Incident Report Form** that will be documented and stored in the member’s file.
Lockers - Day Use
For your convenience Day Use Lockers are available just west of the Main Level Membership Service Desk towards the art studios. These lockers are for use while you are visiting 125 LIVE and are not intended for long term use. All day use lockers will automatically unlock at the end of each business day. 125 LIVE is not liable or responsible for any lost, stolen or damaged personal property, whether from lockers, vehicles or other locations on the premises or at off-site program locations.

At no time should personal supplies / equipment be stored in rooms or cabinets, with the exception of the pottery studio.

TO LOCK LOCKERS:
- Place your items in an available locker.
- Press C (clear)
- Enter any 4 digit code of your choice then press the “key” symbol.

TO UNLOCK LOCKERS:
- Press C (clear)
- Enter your 4 digit code
- Press “Key” Symbol

Lockers - Rentals
Lockers are available for art and billiards with a $15 refundable key deposit:
- Billiards: One time $30 annual payment
- Floor to Ceiling Art: $15 monthly payment or one time $150 annual
- Upper/Lower Art: $10 monthly payment or one time $100 annual

Monthly locker rentals must be set up as an electronic transfer of funds. Duplicating keys is prohibited and subject to membership suspension or termination.

Lockers will be assigned by a 125 LIVE Membership Services staff in the order of availability. Requests for locker location will be considered for members with accessibility needs.
All unpaid lockers will be emptied on the daily and placed in lost and found for up to ten (10) days. Unclaimed items will be either disposed of or donated.

Absolutely no flammables or unrelated items to the activity shall be stored in the locker. 125 LIVE staff reserves the right to inspect lockers without notice to the member.

**Loitering**

125 LIVE observes a no loitering policy for non-members. Individuals are not allowed to loiter in any of the gathering spaces within 125 LIVE and the Recreation Center. Loitering is defined as lingering aimlessly, wasting time, and/or passing time in an idle manner. Entrances, doorways and stairs must be kept clear at all times. Please note, 125 LIVE Members are welcome to pass time in the library/lounge area and other common lounge and waiting areas, in addition to outside of the room that their upcoming activity will take place. Sleeping/napping on the premises is not permitted.

**Lost & Found**

Items left behind in activity areas or in lockers will be placed in the 125 LIVE lost and found. If you have misplaced an item, please inquire at the Main Level Membership Services Desk. Items left at 125 LIVE will be held for sixty (60) days, after which they will be donated to a local charity. Please note, for sanitary reasons, water bottles will be discarded.

**Noise**

Multiple activities take place at the same time. If your program is disruptive to another group, you may be asked to keep the volume down. Cell phones are allowed in 125 LIVE activity areas, however, staff ask that you please be respectful of the individuals and activities around you. Please step out of the room and keep calls short and quiet if you need to answer the phone during your activity. During presentations or classes, please turn your cell phone off or turn to vibrate. *(Reference cell phone policy on page 9)*
Non-Discriminatory Practices
125 LIVE is open to all with a focus on enriching the lives of older adults. The facility is ADA accessible and no one will be refused access to programs due to race, color, creed, religion, national origin, sex, sexual orientation, marital status, physical or mental disability or receipt of public assistance. 125 LIVE will provide assistance and accommodations for disabilities to the extent required by law.

Parking and Entrances
ADA accessible parking is available near both the Main Level and Lower Level entrances, as well as the Recreation Center. Members and guests may park in whichever of these locations is most convenient.

The Main Level entrance leads you to the Membership Services Desk which is home to our friendly team always at the ready to assist. It is at this desk members can join 125 LIVE, register for programs / events / activities and purchase a cup of fresh coffee. The Main Level is also home to art studios, fitness center, locker rooms, swimming pools, art galleries, kitchen and meeting / conference rooms available for rent.

Members will also be able to scan-in at the Lower Level desk. This entrance grants easy access to the billiards room, activity rooms, Technology Learning Center and library.

Petitions, Surveys, Fundraising, Solicitations
Should you wish to circulate a petition or survey, distribute literature, sell tickets for an organization or event, raise funds, solicit in-kind donations on behalf of the organization, or take pictures within 125 LIVE, you must gain prior written approval.

Photography Waiver
By entering the 125 LIVE facility or participating in any outdoor or offsite Center associated events, you are giving permission to 125 LIVE to use your name, photograph, video/audio recordings, profile and/or story in any publications, web pages, and other promotional materials produced, used by, and representing SCS, Inc. including, but not limited to: annual reports, brochures, email, DVD, annual appeals, and website. The circulation of the materials could be worldwide and that there will be no compensation
to you for this use. If you do not want to be a part of these publications, you must remove yourself from the photo opportunity at the time the photos are taken.

**Program Participation and Registration**
125 LIVE offers a variety of social, wellness and educational programs. Members will receive a weekly newsletter and a quarterly program guide highlighting opportunities. In addition, all program information will be available on our website at www.125livemn.org.

Participants need not hold a 125 LIVE membership to participate in certain registered programs that are open to the public. A non-member rate may apply. Register online or in-person at the Membership Services Desk or by phone at (507) 287-1404.

**Safety**
Notify a staff person immediately if you experience chest pains, dizziness, excessive shortness of breath, or any other discomfort during your activity, exercise session or class. If you have a medical condition that may be triggered or intensified by exercise or certain activities, please have your medication available to be self-administered.

**Staff Areas**
Unless directed by a 125 LIVE staff member, Group Leaders, Volunteers and Program Participants are not permitted in staff offices, behind the Membership Services Desk, staff work rooms, storage area or staff lounge.

**Televisions and Music**
Televisions and music are available in most rooms. If you desire to change a television channel or music station please be sure no one is currently watching or listening to that particular channel or station. 125 LIVE staff are responsible for turning on the Televisions and making channel / station changes.

**Theft / Damage to Property**
Intentional damage and/or defacement of materials, furnishings, equipment or premises, or attempts at theft will be prosecuted according to Minnesota Statutes 609.541. Clipping coupons, cutting articles out of magazines, removing pages from any
books or magazines, hacking or altering computer settings, writing on, scratching or in any way damaging materials, furniture, or premises are included in this policy.

**Tobacco Use; Chewing Tobacco, Cigarettes, e-Cigarettes, Vaporizers**
125 LIVE is smoke-free and tobacco-free. Smoking or the use of any tobacco products (e.g.; cigarettes, e-cigarettes, cigars, chewing tobacco, snuff, pipes, etc.) is not permitted in or on the 125 LIVE and Recreation Center properties.

**Towels**
125 LIVE does not provide towels. You are responsible for bringing your own towels. Blue towels are provided for wiping down machines only. Please leave used towels in the Fitness center after use.

**Weapons**
Weapons, including but not limited to guns, knives, sticks, clubs, bats, nunchaku, throwing stars, are prohibited 125 LIVE and the Recreation Center.

**WiFi Usage and Password**
Complimentary WIFI is available throughout 125 LIVE.
WiFi: 125 LIVE Guest | Password: 125internet

These policies are intended to make members, visitors and guests feel welcome and to provide reasonable rules of behavior for the benefit of all. 125 LIVE staff may require a patron to leave the premises, call the police or ultimately ban a patron from 125 LIVE for noncompliance. If you observe behavior which does not meet our rules, regulations and policies please contact a 125 LIVE staff member immediately.

125 LIVE staff reserves the right to change the policies and procedures and guidelines as deemed necessary for the safe and functional operation of the facility. 125 LIVE reserves the right to refuse service to anyone.