

125 LIVE is a state-of-the-art, 60,000 square-foot fitness and community center for adults 18 and older.

We offer countless amenities, expansive programming and resources for healthful living.



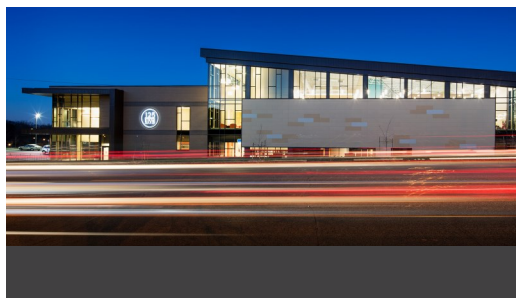
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CENTER FOR
**ACTIVE
ADULTS**

COME JOIN US!

**125 LIVE MEMBERSHIP
INFORMATION**

125 LIVE
125 Elton Hills Dr. NW
Rochester, MN 55901
507-287-1404
125livemn.org

Guided Tours
Monday - Friday 10:00 am
Monday & Tuesday 2:00 pm
Wednesday & Friday 5:30 pm



FITNESS MEMBERSHIP

- ◆ Warm Water Pool
- ◆ Fitness Center
- ◆ Group Fitness Classes
- ◆ Fitness Consults and Orientations
- ◆ Boxing Studio
- ◆ Pickleball and Ping Pong
- ◆ Discounts on Personal Training
- ◆ Walking Loop
- ◆ 50-meter Lap Pool (limited access)

SOCIAL MEMBERSHIP

- ◆ Library and Lounge
- ◆ Billiards Room
- ◆ Pottery Studio
- ◆ Art Studio
- ◆ Computer Lab
- ◆ Pickleball and Ping Pong
- ◆ Educational Programs
- ◆ Reduced Fees for Events
- ◆ Cards and Games Room
- ◆ Square Dance/Dance Mixers
- ◆ Social Interest & Support Groups



FITNESS MEMBERSHIP

Ages 50-89 \$49/month Single
\$76/month Dual

Ages 18-49 \$54/month Single
\$86/month Dual

SOCIAL MEMBERSHIP

Ages 50-89 \$24/month Single
\$46/month Dual

Ages 18-49 \$29/month Single
\$51/month Dual

SOCIAL AND FITNESS MEMBERSHIP

Ages 50-89 \$64/month Single
\$91/month Dual

Ages 18-49 \$74/Single
\$106/Dual

One-time \$50 enrollment fee due upon initial registration

Half price fitness and free social memberships for ages 90+.

**Save 10% with annual fee. Must be paid in full.*

We accept most health insurance fitness reimbursement programs including:

Renew Active
One Pass
Fitness Your Way / Prime
Silver Sneakers
Active & Fit
Silver & Fit

Sliding member fee scale with as much as 75% off for low income adults who qualify.

Ask about corporate and veterans discounts.

Monday - Friday

5:30 am - 9:00 pm

Saturday

6:00 am - 6:00 pm

Sunday

9:00 am - 4:00 pm