125 LIVE is a state-of-the-art, 60,000 square-foot fitness and community center for adults 18 and older.

We offer countless amenities, expansive programming and resources for healthful living.

Follow us on Facebook:
Facebook.com/125livemn

Follow us on Instagram:
@125livemn

Email us:
info@125livemn.org
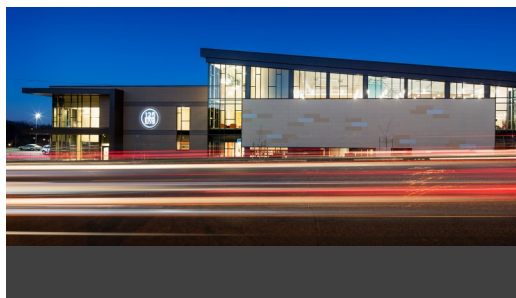
125 LIVE CENTER FOR ACTIVE ADULTS

COME JOIN US!

125 LIVE MEMBERSHIP INFORMATION

125 LIVE
125 Elton Hills Dr. NW
Rochester, MN 55901
507-287-1404
125livemn.org

Guided Tours
Monday - Friday 10:00 am
Monday & Tuesday 2:00 pm
Tuesday & Thursday 5:30 pm

FITNESS MEMBERSHIP

- Warm Water Pool
- Fitness Center
- Group Fitness Classes
- Fitness Consults and Orientations
- Boxing Studio
- Pickleball and Ping Pong
- Discounts on Personal Training
- Walking Loop
- 50-meter Lap Pool (limited access)

SOCIAL MEMBERSHIP

- Library and Lounge
- Billiards Room
- Pottery Studio
- Art Studio
- Computer Lab
- Pickleball and Ping Pong
- Educational Programs
- Reduced Fees for Events
- Cards and Games Room
- Square Dance/Dance Mixers
- Social Interest & Support Groups

One-time $50 enrollment fee due upon initial registration

Monthly Rates:

FITNESS MEMBERSHIP

Ages 18-49 $56/month Single
              $90/month Dual

Ages 50-89 $51/month Single
              $80/month Dual

SOCIAL MEMBERSHIP

Ages 18-49 $31/month Single
              $55/month Dual

Ages 50-89 $26/month Single
              $50/month Dual

SOCIAL AND FITNESS MEMBERSHIP

Ages 18-49 $76/Single
              $110/Dual

Ages 50-89 $66/month Single
              $95/month Dual

**If you have a fitness reimbursement plan you can add a social membership for only $21 a month

Half price fitness and free social memberships for ages 90+.

*Save 10% with annual fee. Must be paid in full.
(Does not apply when utilizing a fitness reimbursement program).

We accept most health insurance fitness reimbursement programs including:

Renew Active
One Pass
Fitness Your Way / Prime
Silver Sneakers
Active & Fit
Silver & Fit

Sliding member fee scale with as much as 75% off for low income adults who qualify.

Ask about corporate and veterans discounts.

FACILITY HOURS:

Monday - Friday
    5:30 am - 9:00 pm
Saturday
    6:00 am - 6:00 pm
Sunday
    9:00 am - 4:00 pm