

Social Activities / Extras at 125 LIVE

Social Activities

These activities are all FREE for Social Members

Updated 2/29/2024

Social Activities/Interest Groups

These are free for Social Members.

Castle Quilters

8-11:30am, Mondays

8-11am, 1st and 3rd Friday, March 1 and 15

Exploring Photography

2-4pm, 2nd and 4th Thursday, March 14 and 28

Family History Club

2-4pm, 2nd Wednesday, March 13

NEW Ham Radio Club

2-3pm, 3rd Tuesday, March 19

Knit and Crochet

12:30-2:30pm, Mondays

12:30-2:30pm, Tuesdays

11:30am-1:30pm, Fridays

NEW Photographic Post Processing & Editing

2:30-4:30pm, 1st and 3rd Thursday

March 7 and 21

Pottery Studio

Open during building hours unless the studio is closed for cleaning or a class is in session. Please check the calendar in the pottery studio.

The “Original” Book Club

10-11am, 2nd Thursday, March 14

Book discussion: Labyrinth by Catherine Coulter

Woodcarving

9-11:30am, Tuesdays

Recreational Wellness

The following recreational wellness activities are free for BOTH Social and Fitness members.

Pickleball

Offered daily in the Willow Room. Please see the Pickleball schedule for details.

Ping Pong

2-4pm, Tuesdays and Thursdays

Square Dance

12-3pm: 1st and 3rd Tuesday, March 5 and 19

12-1pm: Learn the steps to square dancing

1-3pm: Square dance calling

Community Outreach at 125 LIVE

125 LIVE provides our facility to several support groups within our community. These support groups are free for our members as well as the public.

Alzheimer’s Caregiver Support Group

1:30-3pm, 1st Thursday, March 7

5-6:30pm, 3rd Thursday, March 21

Free and open to the public.

Best Buddies Reading Program

3-4pm, Mondays

This is a joint program between 125 LIVE Best Buddies Club and Cardinal of Minnesota where a volunteer will read to participants and then a discussion on the book and vocabulary will follow.

Free for 125 LIVE members | \$5 nonmembers

Best Buddies Club

3:30-4:30pm, Thursdays

Free and open to the public | No registration required.

Elder Network

9-11am, Tuesdays, March 5 and 19

9-11am, Tuesdays, April 2 and 16

Senior Advocate Kate Jirik provides information and assistance to those 55 and older and their family caregivers. Get help with community resources such as housing, home care and transportation or solving a problem like how to apply for assistance or finding a support group. You can also schedule an appointment Monday through Friday with her at The Elder Network Office. Call 507-285-5272, Ext #6 for an appointment.

Grief Support Group

2:30-4pm, 1st and 3rd Thursday, March 7 and 21

Free and open to the public.

Parkinson’s Support Group

1:30-3:30pm, 3rd Thursday, March 21

Free and open to the public.

Vision of Hope Breast Cancer Support Group

9-11am, 1st and 3rd Mondays, March 4 and 18

Free and open to the public

TURN ME OVER——>

Cards and Games:

Billiards Room: Open during building hours

Bingo Tuesdays

11-11:30am, Tuesdays, March 5, 12, 19, 26

Join us for a few bingo games every Tuesday in the Gathering Space. Beverage and a light snack are included.

Social members free | \$3 fitness & nonmembers

Register by 10am the day of event.

The following are held in the Birch Room, unless otherwise noted:

Hand & Foot: Mondays, 1-3pm

Hand & Foot: Thursdays, Noon-4pm (Gathering Space)

Chess: Tuesdays, 1-3pm

Mahjong: Tuesdays, 10:30am-1pm

Mexican Train: Wednesdays, 12-3pm

Mexican Train: Fridays, 1-3pm (Gathering Space)

500 Cards: Thursdays, 1-3:30pm

Rummikub: Fridays, 9-11am

Texas Hold ‘Em: Fridays, 1-3pm

Bridge: Sundays, 1-4pm

Informational Activities

Coffee with 125 LIVE Leadership

11am-12pm, 1st Monday, March 4

Cops and Coffee

11am-12pm, 3rd Thursday, March 21

Join officers in our community while you enjoy coffee and discussion with members of the Rochester Police Department. Free and open to the public.

No registration required.

Tech Sharing Discussion Group

11am- Noon, Mondays in the TLC

Join us for an informal collaborative discussion about technology concepts, ideas, and questions. No formal agenda, curriculum, or topic. Each session is open to what the participants wish to discuss. All participants are equal. Free for social members. A day pass or guest pass for nonsocial members. Registration is not required.

Tech Mates Drop-In Tech Help

Mondays Noon - 1 pm in the TLC

Tech Mates are 125 LIVE members who volunteer their time and expertise to provide personal assistance with smartphones, tablets, computers, smartwatches, entertainment, and other technology.

Free for social members. A day pass or guest pass for nonsocial members. Registration is not required.

Senior Planet from AARP

Helps people age 60+ learn about technology to reach their goals, find community and thrive in the digital world. Learn more at <https://seniorplanet.org/> or call 888-713-3495. For a list of LIVE technology classes see the 125 LIVE monthly program guide.

1 Topic 1 Hour

10-11am, Mondays

March 4: Senior Advocate, Kate Jirik

Kate with Elder Network will share information about Elder Network Services. Sponsored by Visiting Angels.

March 11: Lee Herold

Owner of Herold Flags, will lead a discussion about the new Minnesota state flag and seal.

March 18: Quilts of Valor

Member Marie Wilson, will lead a discussion about Quilts of Valor.

March 25: Open Discussion

Music:

Friday Concerts

10:30-11:30 am, Fridays

March 1: World Music Therapy Day Thomas Burson

March 8: Ageless Music

March 15: Caledonian Pipe Band

March 22: Young at Heart Singers

March 29: Music Jam

Music Jam Session

1-3pm, Wednesdays

Young at Heart Singers

10-11am, Wednesdays

TURN ME OVER ——>

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