



Open Studio & Pickleball Schedule

Studio 1 (May-Apr)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30-6am	5:30-6:30am	5:30-6am	5:30-6:30am	5:30-6am	6-10am	
12-1:45pm	1-1:45pm	12:15-5:15pm	10-10:45am	7-7:45am	1-6pm	11am-12:45pm
3-5:15pm	4:15-4:45pm	7:30-8:45pm	1-1:45p	11am-1:45pm		2-3:45pm
7:30-8:45pm	7-8:45pm		4-5:15pm	3-5:15pm		
			7-8:45pm	6:30-8:45pm		

Be courteous to others, make sure everyone gets a chance to play!

Players are encouraged to supply their own balls and rackets, and return the net when finished.

All levels of players are welcome.

During peak times, please allow everyone to rotate in by only playing one game at a time.

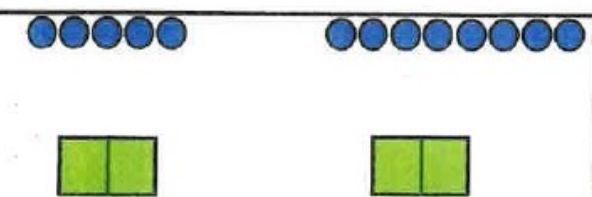
Do not intentionally play off of the wall.

SCHEDULE SUBJECT TO CHANGE

Paddle Sport Schedule **WILLOW ROOM** (April & May)

Ping-Pong & Pickleball **Availability subject to change.

Monday		Tuesday		Wednesday		Thursday	
5:30-7am	Open Studio	5:30-7am	Open Studio	5:30-7am	Open Studio	5:30-7am	Open Studio
7-7:45am	Paddle Sports	7-7:45am	Paddle Sports	7-7:45am	Paddle Sports	7-7:45am	Paddle Sports
8-8:45am	Zumba	8-8:45am	Zumba	8-8:45am	Zumba	8-8:45am	Zumba
9-9:45am	Heart Strong	9-9:45am	Strength 101	9-9:45am	Heart Strong	9-9:45am	Strength 101
10:15-11am	Cardio-Drum	10-10:45am	Everyday Balance	10:15-11am	Cardio-Drum	10-10:45am	Everyday Balance
11am-12pm	Paddle Sports	11-11:45am	Cardio-Drum	11am-12pm	Paddle Sports	11am-12pm	Paddle Sports
12-1pm	Ping-Pong & Parkinson's	12-1pm	Open Studio	12-1pm	Open Studio	12-1pm	Open Studio
1-2pm	Paddle Sports	1-2pm	Paddle Sports	1-2pm	Paddle Sports	1-2pm	Paddle Sports
2-6pm	Private Park & Rec Program	2-6pm	Private Park & Rec Program	2-6pm	Private Park & Rec Program	2-6pm	Private Park & Rec Program
6:30-8:45pm	Paddle Sports & Rec Games	6:30-8:45pm	Paddle Sports	6:30-8:45pm	Paddle Sports	6:30-8:45pm	Paddle Sports
Friday		Saturday		Sunday			
5:30-7am	Open Studio	6-7:45am	Paddle Sports	9-11am	Open Studio		
7-7:45am	Paddle Sports	8-8:45am	Cardio Dance	11-1pm	Paddle Sports		
8-8:45am	Cardio Dance	9-9:45am	Strength	1-4pm	Open Studio		
9-9:45am	Heart Strong	10am-12pm	Paddle Sports				
10am-11am	Paddle Sports	12-2pm	Open Studio				
11-12pm	Open Studio						
12-1pm	Paddle Sports	2-6pm	Private Park & Rec Program				
1-2pm	Open Studio						
2-6pm	Private Park & Rec Program						
6:30-8:45pm	Paddle Sports						



Ping-Pong Table Storage