

During my Capstone Experience at 125 LIVE, I had an incredible experience that exceeded all my expectations. From day one, I felt welcomed and valued as part of the team. The supportive environment fostered my growth both professionally and personally. I appreciated the hands-on experience, which taught me how to navigate real-world challenges and find effective solutions.

Overall, my internship at 125 LIVE was an enriching experience. I am grateful for the opportunity to contribute to the organization's mission and make a positive impact. I would highly recommend working with 125 LIVE to anyone looking to gain meaningful experience while working in a supportive and dynamic environment.

Thank you, 125 LIVE, for an unforgettable experience!

Erin Hillegonds, University of Minnesota, Occupational Therapy Student