

## **Job Title: Swim Instructor**

**Location:** 125 LIVE

**Job Type:** Part-time

**Pay Rate:** Instructor Rate starting at \$29

### **Job Overview:**

We are seeking a passionate and dedicated Swim Instructor/Coach to join our team. The ideal candidate will have experience teaching swimming techniques and water safety to individuals of all skill levels. This role involves creating a positive and supportive environment while promoting skill development and confidence in the water.

### **Responsibilities:**

- Teach swimming lessons to adults, focusing on technique, safety, and enjoyment in private or group sessions.
- Develop personalized training programs based on individual skill levels and goals.
- Monitor and assess participants' progress, providing constructive feedback.
- Ensure a safe and positive environment during all swim sessions.
- Conduct safety drills and educate participants on water safety practices.
- Organize days/ time for appointments/sessions. (30-minute sessions)
- Maintain accurate records of participants' progress and attendance.
- Participate in ongoing professional development and training to stay current with swim coaching techniques and safety protocols.

### **Qualifications:**

- Certified Swim Instructor/Coach (e.g., Red Cross / ASCA).
- Previous experience teaching swimming lessons.
- Strong understanding of swimming techniques, stroke mechanics, and water safety.
- Excellent communication and interpersonal skills.
- Ability to work effectively with diverse age groups and skill levels.
- CPR and First Aid certification.
- Passion for swimming and a commitment to fostering a love for the sport.

Position provides the opportunity for flexible scheduling in a supportive environment that includes complimentary 125 LIVE membership and discounts on services and programs.

### **How to Apply:**

Please submit your resume detailing your experience and passion for swimming to our Fitness Manager, Miranda Jessie at [mirandaj@125livemn.org](mailto:mirandaj@125livemn.org)