

# Social Activities / Extras at 125 LIVE

# Social Activities

These activities are free for social members

December 24: 5:30am-3pm | December: 25 Closed

December 31: 5:30am-3pm | January 1: 8am-3pm

Updated 11/27/2024

## Interest Groups

**Castle Quilters**  
8-11:30am, Mondays  
8-11am, Fridays

**Exploring Photography**  
2-4pm, 2nd and 4th Thursday, December 12  
December 26 -- no meeting

**Family History Club**  
2-4pm, 2nd Wednesday, December 11

**Ham Radio Club**  
2-3pm, 3rd Tuesday, December 17

**Knit and Crochet**  
12:30-2:30pm, Mondays  
12:30-2:30pm, Tuesdays  
11:30am-1:30pm, Fridays

**Photographic Post Processing & Editing**  
2:30-4:30pm, 1st and 3rd Thursday, December 5 & 19

**Pottery Studio**  
Open during building hours unless the studio is closed for cleaning or a class is in session. Please check the calendar in the pottery studio.

**The "Original" Book Club**  
10-11am, 2nd Thursday, December 12  
Book discussion:

**Woodcarving**  
9-11:30am, Tuesdays

**Recreational Wellness**  
The following recreational wellness activities are free for BOTH Social and Fitness members.

**Pickleball**  
Offered daily in the Studio 1 and Willow Room. Please see the Pickleball schedule for details.

**Ping Pong**  
12-1:45pm, Tuesdays and Thursdays

**Square Dance**  
12-3pm, 1st and 3rd Tuesday, December 3 & 17  
12-1pm: Learn the steps to square dancing  
1-3pm: Square dance calling

**Community Outreach at 125 LIVE**  
125 LIVE provides our facility to several support groups within our community. These support groups are free for our members as well as the public.

**Alzheimer's Caregiver Support Group**  
1:30-3pm, 1st Thursday, December 5  
5-6:30pm, 3rd Thursday, December 19  
Free and open to the public.

**Best Buddies Reading Program**  
3-4pm, Mondays  
This is a joint program between 125 LIVE Best Buddies Club and Cardinal of Minnesota where a volunteer will read to participants and then a discussion on the book and vocabulary will follow.  
Free and open to the public | No registration required

**Best Buddies Club**  
3:30-4:30pm, Thursdays  
Free and open to the public | No registration required

**Elder Network**  
9-11am, Tuesdays December 3 & 17  
Senior Advocate Kate Jirik provides information and assistance to those 55 and older and their family caregivers. Get help with community resources such as housing, home care and transportation or solving a problem like how to apply for assistance or finding a support group. You can also schedule an appointment Monday through Friday with her at The Elder Network Office. Call 507-285-5272, Ext #6 for an appointment.

**NEW Cancer Support Group at 125 LIVE**  
10-11am, 2nd Wednesday, December 11  
5:15-6:15pm, 3rd Monday, December 16  
Free and open to the public.

**Grief Support Group**  
2:30-4pm, 1st and 3rd Thursday, December 5 & 19  
Free and open to the public.

**Parkinson's Support Group**  
1:30-3:30pm, 3rd Thursday of the month  
Not meeting in December or January  
Free and open to the public.

**Cards and Games**  
**Billiards Room:** Open during building hours

**Bingo Tuesdays**  
11-11:45am, Tuesdays, December 3, 10, 17  
No bingo December 24 and 31  
Join us for a few bingo games every Tuesday in the Gathering Space. Beverage and a light snack are included.  
Free social members | \$3 fitness & nonmembers  
Register by 10am the day of event.

The following are held in the Birch Room, unless otherwise noted:

**Hand & Foot:** Mondays, 12pm-3pm

**Mexican Train:** Tuesdays, 3pm-5pm (Gathering Space)

**Mahjong:** Wednesdays, 9:30am-12pm

**Mexican Train:** Wednesdays, 12pm-3pm

**Cribbage:** Wednesdays, 1pm-3pm (Gathering Space)

**Hand & Foot:** Thursdays, 12pm-4pm (Gathering Space)

**500 Cards:** Thursdays, 1pm-3:30pm

**Rummikub:** Fridays, 9am-11am

**Mexican Train:** Fridays, 1pm-3pm (Gathering Space)

**Texas Hold 'Em:** Fridays, 1pm-3pm

**Bridge:** Sundays, 1pm-4pm

## Informational Activities

**Coffee with 125 LIVE Leadership**  
11am-12pm, 1st Monday, December 2  
Grab a cup of coffee and chat with Ken and Miranda about the **Holiday Schedule**, exciting updates to fitness classes, and the **equipment upgrades** coming in 2025. Don't miss this chance to stay informed and share your thoughts! **No registration required.**

**Cops and Coffee**  
11am-12pm, 3rd Thursday, December 19  
Join officers in our community while you enjoy coffee and discussion with members of the Rochester Police Department.

**CRC- This Month in Tech Discussion**  
10-11am, 4th Friday of the month, December 27  
Join Vince with Computer Resource Center to stay up to date on the world of technology. We will have an open discussion of the biggest tech developments and news of the month.

**Tech Sharing Discussion Group**  
11am- Noon, Mondays in the TLC  
Join our weekly discussion group about all things digital. Free for Social members. Nonsocial members must purchase a \$10 day pass at membership services.  
December 2- Libby - Library App  
December 9 - How to find and read books online  
**Registration is not required.**

**Drop-In Tech Help**  
Noon - 1pm, Mondays in the TLC  
Have questions about your smartphone, email, navigating websites, or staying safe online? Drop into the Technology Learning Center (TLC). Our dedicated technology volunteers will share their expertise to answer your questions. Social members are free. Nonsocial members must purchase a \$10 day pass at membership services. **Registration is not required.**

**Senior Planet from AARP**  
Helps people age 60+ learn about technology to reach their goals, find community and thrive in the digital world. Learn more at <https://seniorplanet.org/>. For a list of 125 LIVE technology classes see the 125 LIVE monthly Program Guide.

**1 Topic 1 Hour**  
10-11am, Mondays  
**December 2: Holiday party**  
Music and memories. Sponsored by Visiting Angels.  
**December 9: How we celebrate the holidays**  
A discussion led by members. Planning for January.  
**December 16: What Makes you tick?**  
A discussion led by Phyllis Anderson.  
**December 23: Christmas Media**  
A discussion led by Phyllis Anderson.  
**December 30: Open Discussion**  
Led by Members. Planning for February

## Music

**Friday Concerts**  
10:30-11:30 am, Fridays  
**December 6:** The Preserves  
**December 13:** Roch Bottomn  
**\*December 20:** Rochester Symphony Sing-A-Long and Lunch. **\*Must register to attend\***  
**December 27:** Young at Heart Singers

**Music Jam Session**  
1-3pm, Wednesdays

**Young at Heart Singer**  
10-11am, Wednesdays

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