

Social Activities / Extras at 125 LIVE

Social Activities

These activities are free for social members

Closed Thursday, November 28 for Thanksgiving.

Open Friday, November 29 from 8am-3pm.

Updated 11/3/2024

Interest Groups

Castle Quilters
8-11:30am, Mondays
8-11am, Fridays

Exploring Photography
2-4pm, 2nd and 4th Thursday, November 14, 28

Family History Club
2-4pm, 2nd Wednesday, November 13

Ham Radio Club
2-3pm, 3rd Tuesday, November 19

Knit and Crochet
12:30-2:30pm, Mondays
12:30-2:30pm, Tuesdays
11:30am-1:30pm, Fridays

Photographic Post Processing & Editing
2:30-4:30pm, 1st and 3rd Thursday, November 7, 21

Pottery Studio
Open during building hours unless the studio is closed for cleaning or a class is in session. Please check the calendar in the pottery studio.

The "Original" Book Club
10-11am, 2nd Thursday, November 14
Book discussion:

Woodcarving
9-11:30am, Tuesdays

Recreational Wellness
The following recreational wellness activities are free for BOTH Social and Fitness members.

Pickleball
Offered daily in the Studio 1 and Willow Room. Please see the Pickleball schedule for details.

Ping Pong
12-1:45pm, Tuesdays and Thursdays

Square Dance
12-3pm, 1st and 3rd Tuesday, November 5, 19
12-1pm: Learn the steps to square dancing
1-3pm: Square dance calling

Walking Club
11am-12pm every Tuesday and Thursday
Volunteers lead this outdoor walk twice a week seasonally. Meet out front of 125 LIVE. Free and open to the public. No registration required.

Community Outreach at 125 LIVE
125 LIVE provides our facility to several support groups within our community. These support groups are free for our members as well as the public.

Alzheimer's Caregiver Support Group
1:30-3pm, 1st Thursday, November 7
5-6:30pm, 3rd Thursday, November 21
Free and open to the public.

Best Buddies Reading Program
3-4pm, Mondays
This is a joint program between 125 LIVE Best Buddies Club and Cardinal of Minnesota where a volunteer will read to participants and then a discussion on the book and vocabulary will follow.
Free and open to the public | No registration required

Best Buddies Club
3:30-4:30pm, Thursdays
Free and open to the public | No registration required

Elder Network
9-11am, Tuesdays November 5, 19
Senior Advocate Kate Jirik provides information and assistance to those 55 and older and their family caregivers. Get help with community resources such as housing, home care and transportation or solving a problem like how to apply for assistance or finding a support group. You can also schedule an appointment Monday through Friday with her at The Elder Network Office. Call 507-285-5272, Ext #6 for an appointment.

NEW Cancer Support Group at 125 LIVE
10-11am, 2nd Wednesday, November 13
5:15-6:15pm, 3rd Monday, November 18
Free and open to the public.

Circle of Support Group
12-1:30pm, 1st and 3rd Wednesday, November 6, 20
Free and open to the public.

Grief Support Group
2:30-4pm, 1st and 3rd Thursday, November 7, 21
Free and open to the public.

Parkinson's Support Group
1:30-3:30pm, 3rd Thursday, November 21
Free and open to the public.

Vision of Hope Breast Cancer Support Group
9-11am, 1st and 3rd Mondays, November 4, 18
Free and open to the public.

Cards and Games
Billiards Room: Open during building hours

Bingo Tuesdays
11-11:45am, Tuesdays, November 5, 12, 19, 26
Join us for a few bingo games every Tuesday in the Gathering Space. Beverage and a light snack are included.
Free social members | \$3 fitness & nonmembers
Register by 10am the day of event.

The following are held in the Birch Room, unless otherwise noted:

Hand & Foot: Mondays, 12pm-3pm

Cribbage: Tuesdays, 9am-11am

Chess: Tuesdays, 1pm-3pm

Mexican Train: Tuesdays, 3pm-5pm (Gathering Space)

NEW Mahjong: Wednesdays, 10am-12pm

Mexican Train: Wednesdays, 12pm-3pm

Cribbage: Wednesdays, 1pm-3pm (Gathering Space)

Hand & Foot: Thursdays, 12pm-4pm (Gathering Space)

500 Cards: Thursdays, 1pm-3:30pm

Rummikub: Fridays, 9am-11am

Mexican Train: Fridays, 1pm-3pm (Gathering Space)

Texas Hold 'Em: Fridays, 1pm-3pm

Bridge: Sundays, 1pm-4pm

Informational Activities

Coffee with 125 LIVE Leadership
11am-12pm, 1st Monday, November 4
Join Alex and Mary with membership services for coffee and learn about planning for 2025, fitness reimbursements and the membership process.
No registration required

Cops and Coffee
11am-12pm, 3rd Thursday, November 21
Join officers in our community while you enjoy coffee and discussion with members of the Rochester Police Department.

CRC- This Month in Tech Discussion
10-11am, 4th Friday of the month, November 22
Join Vince with Computer Resource Center to stay up to date on the world of technology. We will have an open discussion of the biggest tech developments and news of the month.

Tech Sharing Discussion Group
11am- Noon, Mondays in the TLC
Join our weekly discussion group about all things digital.
November 11 Open discussion.
November 18 Online Shopping
November 25 Fear Exploitation.
Free for Social members. Nonsocial members must purchase a \$10 day pass at membership services.
Registration is not required.

Drop-In Tech Help
Noon - 1pm, Mondays in the TLC
Have questions about your smartphone, email, navigating websites, or staying safe online? Drop into the Technology Learning Center (TLC). Our dedicated technology volunteers will share their expertise to answer your questions. Social members are free. Nonsocial members must purchase a \$10 day pass at membership services. Registration is not required.

Senior Planet from AARP
Helps people age 60+ learn about technology to reach their goals, find community and thrive in the digital world. Learn more at <https://seniorplanet.org/>. For a list of 125 LIVE technology classes see the 125 LIVE monthly Program Guide.

1 Topic 1 Hour
10-11am, Mondays
November 4: Open Discussion
Sponsored by Visiting Angels

November 11: Open Discussion
Led by members.

November 18: Saving Money
Led by Bill Bean

November 25: What are we thankful for?
A discussion led by members.

Music

Friday Concerts
10:30-11:30 am, Fridays
November 1: The Preserves
November 8: Young At Heart
November 15: Patience and Fortitude
November 22: Roch Bottomn
November 29: No Concert

Music Jam Session
1-3pm, Wednesdays

Young at Heart Singer
10-11am, Wednesdays

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