



125 LIVE Membership Grant Application Checklist

Please review the 125 LIVE Membership Grant Checklist to ensure you are providing all the proper documentation in order to be considered for a grant membership.

Membership Documents (2)

- Complete the 125 LIVE Member Agreement and forms.
 - Member Agreement
 - Primary Member Information
 - Monthly Auto Billing Form (EFT) if paying for monthly membership
- Complete the 125 LIVE Membership Grant Application
 - Fill out completely and sign

Financial Documentation (1)

All applicants must provide **at least one** of the following documents in order of priority:

- Most recent tax return (if applicable)
 - If you are not required to file taxes based on your income level, you may provide one of the other financial documents listed below
- Social security/ disability letter detailing monthly or annual amount received
- State/ County assistance letter detailing monthly benefits received
- Documentation of income in the form of pay stubs from the previous 3 months
- If you are not employed and cannot provide the above financial documentation, you may provide the last 3 months bank statements (and also include letter of explanation)

Additional Documentation (1)

All applicants must be Minnesota residents and provide documentation of residency with one of the following documents:

- Valid MN Driver's License
- A valid U.S. Passport (showing Minnesota residence)
- A copy of a recent utility bill with current address (within the last 3 months)

Optional

125 LIVE recognizes that numbers on their own don't always tell a complete story of someone's financial circumstances. Those who may not qualify based solely off financial guidelines, have the opportunity to write a letter of explanation that details the other limitations they face and how they would benefit from a 125 LIVE membership.

- Special Financial Circumstances (letter of explanation)

125 LIVE Membership Grants Program - 2025

Federal Poverty Guidelines for the USA and District of Columbia

The 125 LIVE Membership Grants Program provides the opportunity for adults with financial limitations to be a member of 125 LIVE and benefit from all the programming, resources, and tools that we have to offer. Supported memberships are obtained using a sliding fee scale (available online) to determine membership costs based on your verified income. Tiers are based on 25%, 40%, 50%, and 60% of standard monthly and annual membership pricing.

18-49 Years - Income Levels and Membership Pricing 1 Person Household (Single)

1 Person Household	Income Level	Cost Monthly or Annual	Membership Type		
			Social	Fitness	Social & Fit
Tier 1 = 25% of cost	Monthly- \$0 - \$1,304	Monthly	\$7.75	\$14.00	\$19.00
	Annual- \$0 - \$15,650	Annually	\$93.00	\$168.00	\$228.00
1 Person Household	Income Level	Cost Monthly or Annual	Membership Type		
Tier 2 = 40% of cost	Monthly- \$1,305 - \$1,761	Monthly	\$12.40	\$22.40	\$30.40
	Annual- \$15,651 - \$21,128	Annually	\$148.80	\$268.80	\$364.80
1 Person Household	Income Level	Cost Monthly or Annual	Membership Type		
Tier 3 = 50% of cost	Monthly- \$1,762 - \$1,826	Monthly	\$15.50	\$28.00	\$38.00
	Annual- \$21,129 - \$21,910	Annually	\$186.00	\$336.00	\$456.00
1 Person Household	Income Level	Cost Monthly or Annual	Membership Type		
Tier 4 = 60% of cost	Monthly- \$1,827 - \$1,891	Monthly	\$18.60	\$33.60	\$45.60
	Annual- \$21,911 - \$22,693	Annually	\$223.20	\$403.20	\$547.20

18-49 Years - Income Levels and Membership Pricing 2 Person Household (Dual)

2 Person Household	Income Level	Cost Monthly or Annual	Membership Type		
			Social	Fitness	Social & Fit
Tier 1 = 25% of cost	Monthly- \$0 - \$1,763	Monthly	\$13.75	\$22.50	\$27.50
	Annual- \$0 - \$21,150	Annually	\$165.00	\$270.00	\$330.00
2 Person Household	Income Level	Cost Monthly or Annual	Membership Type		
Tier 2 = 40% of cost	Monthly- \$1,764 - \$2,379	Monthly	\$22.00	\$36.00	\$44.00
	Annual- \$21,151 - \$28,553	Annually	\$264.00	\$432.00	\$528.00
2 Person Household	Income Level	Cost Monthly or Annual	Membership Type		
Tier 3 = 50% of cost	Monthly- \$2,380 - \$2,468	Monthly	\$27.50	\$45.00	\$55.00
	Annual- \$28,554 - \$29,610	Annually	\$330.00	\$540.00	\$660.00
2 Person Household	Income Level	Cost Monthly or Annual	Membership Type		
Tier 4 = 60% of cost	Monthly- \$2,469 - \$2,556	Monthly	\$33.00	\$54.00	\$66.00
	Annual- \$29,611 - \$30,668	Annually	\$396.00	\$648.00	\$792.00

125 LIVE Membership Grants Program - 2025

Federal Poverty Guidelines for the USA and District of Columbia

The 125 LIVE Membership Grants Program provides the opportunity for adults with financial limitations to be a member of 125 LIVE and benefit from all the programming, resources, and tools that we have to offer. Supported memberships are obtained using a sliding fee scale (available online) to determine membership costs based on your verified income.

Tiers are based on 25%, 40%, 50%, and 60% of standard monthly and annual membership pricing.

50+ Years - Income Levels and Membership Pricing 1 Person Household (Single)

1 Person Household	Income Level	Cost Monthly or Annual	Membership Type		
			Social	Fitness	Social & Fit
Tier 1 = 25% of cost	Monthly- \$0 - \$1,304	Monthly	\$6.50	\$12.75	\$16.50
	Annual- \$0 - \$15,650	Annually	\$78.00	\$153.00	\$198.00
1 Person Household	Income Level	Cost Monthly or Annual	Membership Type		
Tier 2 = 40% of cost	Monthly- \$ 1,305 - \$1,761	Monthly	\$10.40	\$20.40	\$26.40
	Annual- \$15,651 - \$21,128	Annually	\$124.80	\$244.80	\$316.80
1 Person Household	Income Level	Cost Monthly or Annual	Membership Type		
Tier 3 = 50% of cost	Monthly- \$1,762 - \$1,826	Monthly	\$13.00	\$25.50	\$33.00
	Annual- \$21,129 - \$21,910	Annually	\$156.00	\$306.00	\$396.00
1 Person Household	Income Level	Cost Monthly or Annual	Membership Type		
Tier 4 = 60% of cost	Monthly- \$1,827 - \$1,891	Monthly	\$15.60	\$30.60	\$39.60
	Annual- \$21,911 - \$22,693	Annually	\$187.20	\$367.20	\$475.20

50+ Years - Income Levels and Membership Pricing 2 Person Household (Dual)

2 Person Household	Income Level	Cost Monthly or Annual	Membership Type		
			Social	Fitness	Social & Fit
Tier 1 = 25% of cost	Monthly- \$0 - \$1,763	Monthly	\$12.50	\$20.00	\$23.75
	Annual- \$0 - \$21,150	Annually	\$150.00	\$240.00	\$285.00
2 Person Household	Income Level	Cost Monthly or Annual	Membership Type		
Tier 2 = 40% of cost	Monthly- \$1,764 - \$2,379	Monthly	\$20.00	\$32.00	\$38.00
	Annual- \$21,151 - \$28,553	Annually	\$240.00	\$384.00	\$456.00
2 Person Household	Income Level	Cost Monthly or Annual	Membership Type		
Tier 3 = 50% of cost	Monthly- \$2,380 - \$2,468	Monthly	\$25.00	\$40.00	\$47.50
	Annual- \$28,554 - \$29,610	Annually	\$300.00	\$480.00	\$570.00
2 Person Household	Income Level	Cost Monthly or Annual	Membership Type		
Tier 4 = 60% of cost	Monthly- \$2,469 - \$2,556	Monthly	\$30.00	\$48.00	\$57.00
	Annual- \$29,611 - \$30,668	Annually	\$360.00	\$576.00	\$684.00



125 LIVE Membership Grant Application

125 Live
125 Elton Hills Drive NW
Rochester, MN 55901
507-287-1404.
125livemn.org

The 125 LIVE Membership Grant Program has been established to support adults with financial limitations to become a member of 125 LIVE. This confidential program enables individuals with limited financial means to benefit from the programs, activities, services, and fitness activities/amenities offered at 125 LIVE.

Who is Eligible for Membership Support at 125 LIVE?

The 125 LIVE Membership Grants Program is available to adults who qualify for financial support. The amount of financial support provided is determined after assessing the individual's monthly or annual income. A sliding fee scale has been developed and is used to determine the amount of discounted membership that is available. This scale was developed using a percentage of income according to federal government poverty guidelines. Those who might not qualify based solely on financial guidelines, have the opportunity to provide a letter of explanation that details the other limitations they face and how they would benefit from a 125 LIVE membership.

To be assessed, you must have a Minnesota residency and complete the necessary 125 LIVE membership paperwork as well as the Membership Grant Application. The Membership Grant Program is available for all membership types (social, fitness, or social & fitness membership). Only one application per year will be accepted. Members are responsible for re-applying each year.

Membership paperwork to be completed:

- Complete the 125 LIVE Membership Agreement and Member Information forms.
- Complete the 125 LIVE Membership Grant Application.
- Documentation of MN state residency (driver's license, passport, utility bill).

Which financial documents to provide in order of priority (at least one):

- Most recent tax return (if applicable)
 - If you are not required to file taxes based on your income level, you may provide one of the other financial documents listed below.
- Social Security/ Disability letter detailing monthly or annual amount received (if applicable).
- State/ County assistance letter detailing monthly or annual benefits received.
- Documentation of income in the form of pay stubs from the previous 3 months.
- If you are not employed and cannot provide the above financial documents, you may opt to provide the last 3 months' bank statements (and also include a letter of explanation).
- OPTIONAL - Special Financial Circumstances - Letter of Explanation.

Provide completed paperwork to the Membership Services Desk:

- You will be notified when the level of eligibility is determined (usually 1-3 business days).
- Applicants need to re-apply annually with updated financial documents.
- The \$50 enrollment fee will be waived for those who qualify for membership grants.

Please Note:

Membership Grants will be suspended immediately if the recipient does not follow 125 LIVE's rules, regulations, and policies. Any violations will result in funding being discontinued. The member will be ineligible to apply for financial support again for one year following the violation.



125 LIVE Membership Grant Application

125 Live
125 Elton Hills Drive NW
Rochester.MN.55901
507-287-1404.
125livemn.org

PRIMARY MEMBER INFORMATION:

FIRST NAME	LAST NAME	DATE OF BIRTH	GENDER
STREET ADDRESS		CITY	STATE ZIP CODE
PHONE NUMBER	E-MAIL ADDRESS		
EMERGENCY CONTACT NAME	PHONE NUMBER	RELATIONSHIP	

SECONDARY MEMBER INFORMATION (IF APPLICABLE):

FIRST NAME	LAST NAME	DATE OF BIRTH	GENDER
STREET ADDRESS		CITY	STATE ZIP CODE
PHONE NUMBER	E-MAIL ADDRESS		
EMERGENCY CONTACT NAME	PHONE NUMBER	RELATIONSHIP	

MEMBERSHIP TYPE:

Please indicate your desired membership: <input type="checkbox"/> Social Membership Only <input type="checkbox"/> Fitness Membership Only <input type="checkbox"/> Social & Fitness Membership <small>*Membership grant rates are determined by the federal poverty guidelines and are updated at the beginning of each year and will be applied to individual billing.</small>	Please check at least one of the financial documents you are providing: <input type="checkbox"/> Most recent tax return (if applicable) <input type="checkbox"/> Social security/ disability letter detailing monthly amount received <input type="checkbox"/> State/ county assistance letter detailing monthly benefits received <input type="checkbox"/> Other (previous 3 months pay stubs or previous 3 months bank statement) <input type="checkbox"/> Special financial circumstances letter (optional) <small>*Members must submit updated financial documents each year following approval to be re-qualified.</small>
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PRIMARY MEMBER SIGNATURE:	DATE:
SECONDARY MEMBERS SIGNATURE:	DATE:

OFFICE USE ONLY:

<input type="checkbox"/> Approved	<input type="checkbox"/> Denied	DATE: ____/____/____	Processed by: _____
<input type="checkbox"/> Code 1	<input type="checkbox"/> Code 2	<input type="checkbox"/> Code 3	<input type="checkbox"/> Code 4
<input type="checkbox"/> Signature: _____			
<input type="checkbox"/> EFT (monthly)	<input type="checkbox"/> Documentation	<input type="checkbox"/> Account Flags	<input type="checkbox"/> Photo Taken
<input type="checkbox"/> Constant Contact	<input type="checkbox"/> Verified Military		
<input type="checkbox"/> Copy of Insurance Card	<input type="checkbox"/> TIVITY (Silv Snk/ Prime)	<input type="checkbox"/> ASHLink (Silv&Fit/ Act&Fit)	<input type="checkbox"/> Renew Active/One Pass
<input type="checkbox"/> Healthy Contributions			



New Member Agreement

125 Live
125 Elton Hills Drive NW
Rochester.MN.55901
507-287-1404.
125livemn.org

****Must present valid photo ID at time of enrollment****

Please Print **-First Name** _____ **Last Name** _____

Please Print **-Secondary Member's First & Last Name (if applicable)** _____

Membership Type Detail

- Single or Dual
- 18-49 Fitness
- 18-49 Social
- 18-49 Social & Fitness
- 50 + Fitness
- 50 + Social
- 50 + Social & Fitness
- 90 + Social free
- 90+ Fitness 1/2 off

Fitness Insurance Program

Need Copy of Insurance Cards & verified on portal

- Silver Sneakers/Fitness Your Way

- Silver & Fit/ Active & Fit

- Renew Active/ One Pass

- Healthy Contributions; Medica, Ucare, Health Partners, Preferred One

Monthly Membership Fee:

Enrollment Fee (1 TIME) **\$50**

Dues \$ _____

Donation \$ _____

Total due at Enrollment \$ _____

- Waived (Ins or other)
- Pro Rated
- Discounts Other % _____
- Veteran, Corporate, OMC

Annual Membership Fee:

Enrollment Fee (1 Time) **\$50**

Dues \$ _____

Donation \$ _____

Total due at Enrollment \$ _____

Monthly Dues \$ _____ NOTES _____

ACKNOWLEDGMENT

By signing, I acknowledge that I have received and understand the Membership Policy Terms and Agreement as well as that all exercises and treatments and use of equipment and facilities of 125 LIVE are and shall be undertaken at participant's sole risk, and that the participant assumes the risk of any injuries they may suffer while participating in any program affiliated with or offered by 125 LIVE, using any of the equipment or the facilities of 125 LIVE, and that 125 LIVE shall not be liable for any claims, demands, injuries, damages, actions or causes of action, whatsoever to the guest or property arising out of or connected with the use of any of the programs, equipment, and/or facilities of 12 5 LIVE or of the property or premises where same are located, and the participant does hereby expressly forever release and discharge 125 LIVE from all such claims, demands, injuries, damages, actions or causes of action, and from all acts of negligence, active or passive, and all other fault, on the part of 125 LIVE, its servants, agents or employees. If I am a parent or guardian, I hereby accept all responsibility for any injury, loss or illness that may arise from my child's use of the facilities. I will not hold 125 LIVE responsible in any way.

I consent and authorize 125 LIVE to use and publish any of the images in any format taken of me. I understand these images may be used for a variety of purposes. Since anyone can download an image or make copies from printed materials, I agree that 125 LIVE is not responsible for unauthorized use of the images. I am aware that I am not entitled to any compensation and that the images may appear with or without my name.

Primary Member Signature _____ **Date** _____

Secondary Member Signature _____ **Date** _____



New Member Agreement

****Must present valid photo ID at time of enrollment****

125 Live
125 Elton Hills Drive NW
Rochester, MN. 55901
507-287-1404.
125livemn.org

EXPLORE

SOCIAL MEMBERS

- Join one of the dozens of interest groups we host weekly, such as woodcarvers, square dancers, quilters, knitters, card players, puzzle builders, genealogists, tech gurus, Young at Heart Choir, billiards players, photography buffs, musicians, book clubbers, and artists.
- Save approximately \$300 a month on paid special interest classes
- You have full access to our library and Technology Learning Center, both of which are located in the lower level.
- Get in touch with your creative side by taking an art or pottery class in our stunning studios.
- Enjoy our Friday concerts while socializing, drinking coffee, or reading the newspaper.
- Take part in one of our social gym activities like pickle ball or ping pong.
- Explore one of our many educational classes offered each month.

FITNESS MEMBERS

- Join one of our 100+ fitness classes weekly, which are included in your fitness membership (unless class requires registration). Almost all classes are older adult friendly however, all classes vary in intensity. Our instructors can provide multiple modifications.
- Play pickle ball and ping pong (check schedule for times).
- Meet with a personal trainer to help you achieve your fitness goals.
- Use our weight machines, free weight section, hop on a treadmill to get your steps in, or go for a run.
- Try the warm water pool, in which you will find specific times for lap swimming, open swim, and multiple aqua classes daily.
- Explore the outdoor walking trails.
- Enjoy one of our many outdoor fitness events during the warm weather months.

OR SIGN UP FOR BOTH SOCIAL AND FITNESS TOGETHER!! (Optimum Membership)



New Member Agreement

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Rochester.MN.55901
507-287-1404.
125livemn.org

****Must present valid photo ID at time of enrollment****

PRIMARY MEMBER INFORMATION

Please Print -**First Name**

Last Name

Street Address/City/ State/Zip Code

Home Phone/Mobile Phone

- **Opt-in for emergency text alerts?** (weather/facility alerts) mobile phone only YES NO
- OPT-OUT AT ANY TIME BY REPLYING **STOP2STOP**

Date of Birth and Gender

Email Address

Emergency Contact: Name/Phone number/Relationship

SECONDARY MEMBER INFORMATION (if applicable)

Please Print -**First Name**

Last Name

Home Phone/Mobile Phone

- **Opt-in for emergency text alerts?** (weather/facility alerts) mobile phone only YES NO
- OPT-OUT AT ANY TIME BY REPLYING **STOP2STOP**

Date of Birth and Gender

Email Address

Emergency Contact: Name/Phone number/Relationship



New Member Agreement

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125livemn.org

****Must present valid photo ID at time of enrollment****

OFFICE USE ONLY

Completed & Signed Forms

- Check if Name is already in Rec 1
- If previous member, attach canceled paperwork (from canceled files)
- **Copy of Insurance card and Insurance Portal Document**
- **Signatures!!**

If Applicable

- Monthly Auto Bill form
- Donation form
- Check if other discounted/Specialty Memberships- Such as Military, Mayo Clinic or Corporate partnerships

Rec 1 Input

- Name
- DOB ○ Gender
- Emgcy Cont. & Phone
- **Fitness ID #** if they have insurance
- # Phone ○ # Address
- Email Pref- 3 communication types
- Primary Email

- **Catalog**- payment or insurance

- **Profile**- Add assoc. *flag* to Members profile (Fit & Soc or ins. Etc)

Constant Contact

- Add email

Other

- Put completed file in locked, New Memberships drawer
- Tally the New Member on the folder
- Badge and Lanyard given

Fitness Reimbursement Enrollment

- **Silver Sneakers/ Prime-Fitness your way** – Enroll in *Tivity*
 - **Silver Fit/Active Fit**- Enroll in *Ash Link*
 - **Renew Active/One Pass**- *Verify in Partner Optum Fitness*
- Must enroll in *Healthy Contributions***

Healthy Contributions

Insurance reimburses \$\$ for # of visits

- UCare
 - Health Partners
 - Medica
 - Preferred One
- *** these insurances also need an additional form filled out- **HC Member & Program Info.**

EMPLOYEE SIGNATURE

DATE



Monthly Auto-Bill Form

Electronic Funds Transfer Agreement

125 Live
125 Elton Hills Drive NW
Rochester.MN.55901
507-287-1404.
125livemn.org

Please complete this form if you are paying for your membership monthly.

Complete this form for your monthly membership fee automatic withdrawal. **DO NOT COMPLETE THIS FORM** if you have selected an annual membership, which is paid in advance by cash, check, credit or debit.

This form will be shredded after the first Electronic Funds Transfer has occurred.

Primary member name as it appears on your credit / debit card

Card Number

Expiration Date

Security Code

Please enroll my 125 LIVE membership account in the automatic payment program. I agree to the terms and conditions listed below. By signing below, I authorize 125 LIVE to collect my monthly membership fees from the account provided above.

Member Signature

Date

Transfers will occur each month your account is active. Your monthly statement will clearly reflect the automatic payment. If the withdrawal from your account does not successfully occur, you will be notified. Payment is due within 7 days of notification.

You are required to complete a Change Form at 125 LIVE, if you change banks or accounts, no less than 2 weeks prior to your next billing cycle.

If an account is closed or changed without notification to 125 LIVE, returned charge fees will be applicable.



125 LIVE – 501(c) (3)

Every Contribution Counts

125 Live
125 Elton Hills Drive NW
Rochester.MN.55901
507-287-1404.
125livemn.org

Please consider helping 125 LIVE financially, particularly if your membership is free. Every dollar helps to pay the bills, support our amazing staff, and keep our facility clean and maintained.

Here are some key facts to highlight the importance of our members’ contributions:

1) 125 LIVE is a 501(c) (3) organization, which relies heavily on donations. As such, your charitable contribution to our organization would be tax deductible on your tax returns.

2) 125 LIVE currently has over 3200 members who participate in some type of fitness reimbursement program, (Silver Sneakers; Tivity Prime, Silver & Fit; Active & Fit; Renew Active/ One Pass) and receive a completely free fitness membership from 125 LIVE.

3) 125 LIVE’s reimbursement for such fitness programs is based on monthly member attendance. Each time a member with a fitness reimbursement program scans in, 125 LIVE will get reimbursed a small amount up to 9 times per month.

- **If a member doesn’t come at all that month, 125 LIVE receives \$0**
- **If a member comes 30 times that month, 125 LIVE receives reimbursement for up to 9 of those visits**
- **At most, 125 LIVE receives 57% of the cost of the fitness membership**

4) As a non-profit organization, 90% of all our revenue goes directly back into programming and operations

5) Each donation 125 LIVE receives helps to maintain our low costs of membership

6) If each member gave \$10 per month, 125 LIVE would be able to put about \$450,000 more into programming, maintaining facilities, and keeping membership costs at their current rates

7) As a donor, you will be recognized monthly on our donor wall and newsletter

If you donate \$500 or more, you will receive a permanent tile on our legacy donor wall.

I have read and understand the above information _____
Signature Date

If you are interested in donating, please inquire at the Membership Services Desk