

# Social Activities / Extras at 125 LIVE

## Interest Groups

**Castle Quilters**  
8-11:30am, Mondays  
8-11:15am, Fridays

**Exploring Photography**  
2-4pm, 2nd and 4th Thursday, February 13 & 27

**Family History Club**  
2-4pm, 2nd Wednesday, February 12

**Ham Radio Club**  
2-3pm, 3rd Tuesday, February 18

**Knit and Crochet**  
12:30-2:30pm, Mondays  
12:30-2:30pm, Tuesdays  
11:30am-1:30pm, Fridays

**Photographic Post Processing & Editing**  
2:00- 4:00pm, 1st and 3rd Thursday, February 6 & 20

**Pottery Studio**  
Open during building hours unless the studio is closed for cleaning or a class is in session. Please check the calendar in the pottery studio.

**The “Original” Book Club**  
10-11am, 2nd Thursday, February 13  
Book discussion:

**Woodcarving**  
9-11:30am, Tuesdays

**Recreational Wellness**  
The following recreational wellness activities are free for BOTH Social and Fitness members.

**Pickleball**  
Offered daily in the Studio 1 and Willow Room. Please see the Pickleball schedule for details.

**Ping Pong**  
12-1:45pm, Tuesdays and Thursdays

**Square Dance**  
12-3pm, 1st and 3rd Tuesday, February 4 & 18  
12-1pm: Learn the steps to square dancing  
1-3pm: Square dance calling

**Community Outreach at 125 LIVE**  
125 LIVE provides our facility to several support groups within our community. These support groups are free for our members as well as the public.

**Alzheimer’s Caregiver Support Group**  
1:30-3pm, 1st Thursday, February 6  
5-6:30pm, 3rd Thursday, February 20  
Free and open to the public.

**Best Buddies Reading Program**  
3-4pm, Mondays  
This is a joint program between 125 LIVE Best Buddies Club and Cardinal of Minnesota where a volunteer will read to participants and then a discussion on the book and vocabulary will follow.  
Free and open to the public | No registration required

**Best Buddies Club**  
3:30-4:30pm, Thursdays  
Free and open to the public | No registration required

**Elder Network**  
9-11am, Tuesdays February 4 & 18  
Senior Advocate Kate Jirik provides information and assistance to those 55 and older and their family caregivers. Get help with community resources such as housing, home care and transportation or solving a problem like how to apply for assistance or finding a support group. You can also schedule an appointment Monday through Friday with her at The Elder Network Office. Call 507-285-5272, Ext #6 for an appointment.

**Cancer Support Group at 125 LIVE**  
10-11am, 2nd Wednesday, February 12  
5:15-6:15pm, 3rd Monday, February 17  
Free and open to the public.

**Grief Support Group**  
2:30-4pm, 1st and 3rd Thursday, February 6 & 20  
Free and open to the public.

**Parkinson’s Support Group**  
1:30-3:30pm, 3rd Thursday of the month  
Free and open to the public.

# Social Activities

These activities are free for social members

Updated 1/31/2025

**Cards and Games**  
**Billiards Room:** Open during building hours

**Bingo Tuesdays**  
11-11:45am, Tuesdays, February 4, 11, 18, 25  
Join us for a few bingo games every Tuesday in the Gathering Space. Beverage and a light snack are included.  
Free social members | \$3 fitness & nonmembers  
**Register by 10am the day of event.**

**The following are held in the Birch Room, unless otherwise noted:**

**Hand & Foot:** Mondays, 12pm-3pm

**Mexican Train:** Tuesdays, 3pm-5pm (Gathering Space)

**Mahjong:** Wednesdays, 9:30am-12pm

**Mexican Train:** Wednesdays, 12pm-3pm

**Cribbage:** Wednesdays, 1pm-3pm (Gathering Space)

**Hand & Foot:** Thursdays, 12pm-4pm (Gathering Space)

**500 Cards:** Thursdays, 1pm-3:30pm

**Rummikub:** Fridays, 9am-11am

**Mexican Train:** Fridays, 1pm-3pm (Gathering Space)

**Texas Hold ‘Em:** Fridays, 1pm-3pm

**Bridge:** Sundays, 1pm-4pm

## Informational Activities

**Coffee with 125 LIVE Leadership**

11am-12pm, Monday, February 3

Sit down with Robin and Jen to discover:

**Upcoming Events:** What’s happening and how to get involved.

**The New Program Guide:** Highlights and updates for the season.

**Social Membership Opportunities:** Explore the benefits and ways to connect.

We’re excited to share what’s in store and answer your questions!

## Cops and Coffee

11am-12pm, 3rd Thursday, February 20

Join officers in our community while you enjoy coffee and discussion with members of the Rochester Police Department.

**CRC- This Month in Tech Discussion**  
10-11am, 4th Friday of the month, February 28  
Join Vince with Computer Resource Center to stay up to date on the world of technology. We will have an open discussion of the biggest tech developments and news of the month.

**Tech Sharing Discussion Group**  
11am- Noon, Mondays in the TLC  
Join our weekly discussion group about all things digital. Free for Social members. Nonsocial members must purchase a \$10 day pass at membership services.  
**Registration is not required.**

**Drop-In Tech Help**  
Noon - 1pm, Mondays in the TLC  
Have questions about your smartphone, email, navigating websites, or staying safe online? Drop into the Technology Learning Center (TLC). Our dedicated technology volunteers will share their expertise to answer your questions. Social members are free. Nonsocial members must purchase a \$10 day pass at membership services. **Registration is not required.**

**Senior Planet from AARP**  
Helps people age 60+ learn about technology to reach their goals, find community and thrive in the digital world. Learn more at <https://seniorplanet.org/> . For a list of 125 LIVE technology classes see the 125 LIVE monthly Program Guide.

**1 Topic 1 Hour**  
10-11am, Mondays  
February 3: Jessica—Family Service  
February 10: Amy Eisinger—Travel Planning  
February 17: Members Planning—Friendship  
February 24: Members—Cost of Medical Care

**Music**  
**Friday Concerts**  
10:30-11:30 am, Fridays  
February 7: Preserves  
February 14: Roch Bottomn— Love themed music  
February 21: Becca Tesch  
February 28: Roch Bottomn

**Music Jam Session**  
1-3pm, Wednesdays