

Social Activities / Extras at 125 LIVE

Interest Groups

Castle Quilters
8-12pm, Mondays
8-11:15am, Fridays

NEW Creative Corner

1-3pm, 1st and 3rd Monday, May 4 and 18
A relaxed, welcoming space for artists of all levels to drop in, work on personal projects, and connect with other creatives. No instruction, just inspiration and community. Bring your own art supplies and ideas.
Free social member | \$10 fitness & nonmember

Exploring Photography
2-4pm, 2nd and 4th Thursday,

Family History Club
2-4pm, 2nd Monday, April 13

125 LIVE Electronics Communications Group
2-3pm, 3rd Tuesday,

Knit and Crochet
12:30-2:30pm, Mondays
12:30-2:30pm, Tuesdays
11:30am-1:30pm, Fridays

Photographic Post Processing & Editing
Tuesday, May 12, 2-4pm and
Thursday, May 21, 2-4pm

Pottery Studio
Open during building hours unless the studio is closed for cleaning or a class is in session. Please check the calendar in the pottery studio.

The "Original" Book Club
10-11:30am, 2nd Thursday,
Book discussion: The Last Juror

Woodcarving
9-11:30am, Tuesdays

Recreational Wellness
The following recreational wellness activities are free for BOTH Social and Fitness members.

Pickleball
Offered daily in Studio 1 and Willow Room. Please see the Pickleball schedule for details.

Ping Pong
12-1:45pm, Tuesdays & Thursdays
10:30am-12pm, Saturdays

Square Dance
12-3pm, 1st and 3rd Tuesdays
12-1pm: Learn the steps to square dancing
1-3pm: Square dance calling

Walking Club
11am-12pm, Tuesdays and Thursdays

Community Outreach at 125 LIVE
125 LIVE provides our facility to several support groups within our community. These support groups are free for our members as well as the public.

Alzheimer's Caregiver Support Group
1:30-3pm, 1st Thursday,
5-6:30pm, 3rd Thursday,
Free and open to the public.

Early Stage Support Group for Those Living with MCI/ Early stages of Dementia
10-11am, 1st Monday,
12-1pm, 1st Thursday,
Early stage support group for those living with MCI/Early stages of dementia. A pre-screening is required to join this group, please call the Alzheimer's Association at 1.800.272.3900 to complete.
Free and open to the public | No Registration Required

Best Buddies Club
3:30-4:30pm, Thursdays
Free and open to the public | No registration required

Elder Network
9:30-11am, 3rd Tuesday,
Senior Advocate Kate Jirik provides information and assistance to those 55 and older and their family caregivers. Get help with community resources such as housing, home care, and transportation, or solving a problem like how to apply for assistance or finding a support group. You can also schedule an appointment Monday through Friday with her at The Elder Network Office. Call 507-285-5272, Ext #6 for an appointment.

Cancer Support Group at 125 LIVE
10-11am, 2nd Wednesday,
5:15-6:15pm, 3rd Monday,
Free and open to the public.

Grief Support Group
2:30-4pm, 1st and 3rd Thursday,
Free and open to the public.

Parkinson's Support Group
1:30-3:30pm, 3rd Thursday,
Free and open to the public.

Social Activities

These activities are free for social members

Updated 4/27/2026

Cards and Games

Billiards Room: Open during building hours

Bingo Tuesdays

11-11:45am, Tuesdays, May 5, 12, 19, 26
Join us for a few bingo games every Tuesday in the Gathering Space. Beverage and a light snack are included. **Sponsor:** Laurie Mangen-Keller Williams Premier Realty
Free social member | \$3 fitness & nonmember Register by 10am the day of event.

The following are held in the Birch Room, unless otherwise noted:

Hand, Knee & Foot: Mondays, 12pm-3:30pm

Cribbage: Tuesdays, 9am-11am

American Mahjong: Tuesdays, 12pm-3pm

Mexican Train: Tuesdays, 3pm-5pm

(Douglas Fir Space)

Mexican Train: Wednesdays, 12pm-3pm

Cribbage: Wednesdays, 1pm-3pm

(Douglas Fir Space)

Hand, Knee & Foot: Thursdays, 12pm-4pm

(Douglas Fir Space)

500 Cards: Thursdays, 1pm-3:30pm

Rummikub: Fridays, 9am-11am

Mexican Train: Fridays, 1pm-3pm

(Douglas Fir Space)

Texas Hold 'Em: Fridays, 1pm-3pm

Bridge: Sundays, 1pm-4pm

Informational Activities

Tech Sharing Discussion Group

11am- Noon, Mondays in the TLC
Join our weekly discussion group about all things digital. **** Social members are free. Nonsocial members must purchase a \$10 day pass at membership services. Registration is not required.**

May Discussions:

4 Faith Sell What's the life cycle of a star? How do the Hubble & Webb space telescopes work?

11 Fred Ziecina A look at the current state of robotics.

18 Dan Nelson – Hidden car gadgets

25 Memorial Day – 125 LIVE is closed

Cops and Coffee

11am-12pm, 3rd Thursday, May 21
Join officers in our community while you enjoy coffee and discussion with members of the Rochester Police Department. **Registration is not required.**

Drop-In Tech Help

Noon-1pm, Mondays in the TLC
Have questions about your smartphone, email, navigating websites, or staying safe online? Drop into the Technology Learning Center (TLC). Our dedicated technology volunteers will share their expertise to answer your questions. Social members are free. Nonsocial members must purchase a \$10 day pass at membership services. **Registration is not required.**

Senior Planet from AARP

Helps people age 60+ learn about technology to reach their goals, find community and thrive in the digital world. Learn more at <https://seniorplanet.org/>. For a list of 125 LIVE technology classes, see the 125 LIVE monthly Program Guide.

One Hour One Topic

4 Andera Buck from CAPS will lead a discussion about aging in place, preparing your home, and safety as you age. Sponsored by Visiting Angels

11 Miranda will lead a discussion about the fitness opportunities available to you here at 125 LIVE.

18 An open discussion led by Members, planning for future discussions.

25 Memorial Day 125 LIVED Closed

Music

Friday Concerts

10:30-11:30 am, Fridays

May 1: Tom Burson

May 8: Jane Foote

May 15: Ravensfire

May 22: Roch BottMN

May 29: Patience and Fortitude



Music Jam Session
1-3pm, Wednesdays

Young at Hearts Choir
10-11am, Wednesdays

Social activities free for social members, \$10 for fitness and nonmembers

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