

Social Activities / Extras at 125 LIVE

Interest Groups

Castle Quilters
8-12pm, Mondays
8-11:15am, Fridays

Creative Corner

1-3pm, 1st and 3rd Monday, June 1 and 15
A relaxed, welcoming space for artists of all levels to drop in, work on personal projects, and connect with other creatives. No instruction, just inspiration and community. Bring your own art supplies and ideas.
Free social member | \$10 fitness & nonmember

Exploring Photography

2-4pm, 2nd and 4th Thursday, June 11 and 25

Family History Club

2-4pm, 2nd Monday, June 8

125 LIVE Electronics Communications Group

2-3pm, 3rd Tuesday, June 16

Knit and Crochet

12:30-2:30pm, Mondays
12:30-2:30pm, Tuesdays
11:30am-1:30pm, Fridays

Photographic Post Processing & Editing

2-4pm, 1st and 3rd Thursday, June 4 and 18

Pottery Studio

Open during building hours unless the studio is closed for cleaning or a class is in session. Please check the calendar in the pottery studio.

The "Original" Book Club

10-11:30am, 2nd Thursday, June 11
Book discussion: Storied Life of AJ Fikry by Gabrielle Zevin

Woodcarving

9-11:30am, Tuesdays

Recreational Wellness

The following recreational wellness activities are free for BOTH Social and Fitness members.

Pickleball

Offered daily in Studio 1, Willow Room and Outdoor Courts. Please see the Pickleball schedule for details.

Ping Pong

12-1:45pm, Tuesdays & Thursdays
10:30am-12pm, Saturdays

Square Dance

12-3pm, 1st and 3rd Tuesday, June 2 and 16
12-1pm: Learn the steps to square dancing
1-3pm: Square dance calling

Walking Club

11am-12pm, Tuesdays and Thursdays

Community Outreach at 125 LIVE

125 LIVE provides our facility to several support groups within our community. These support groups are free for our members as well as the public.

Alzheimer's Caregiver Support Group

1:30-3pm, 1st Thursday, June 4
5-6:30pm, 3rd Thursday, June 18
Free and open to the public.

Early Stage Support Group for Those Living with MCI/Early stages of Dementia

10-11am, 1st Monday, June 1
12-1pm, 1st Friday, June 5
Early stage support group for those living with MCI/Early stages of dementia. A pre-screening is required to join this group, please call the Alzheimer's Association at 1.800.272.3900 to complete.
Free and open to the public | No Registration Required

Best Buddies Club

3:30-4:30pm, Thursdays
Free and open to the public | No registration required

Elder Network

9:30-11am, 3rd Tuesday, June 16
Senior Advocate Kate Jirik provides information and assistance to those 55 and older and their family caregivers. Get help with community resources such as housing, home care, and transportation, or solving a problem like how to apply for assistance or finding a support group. You can also schedule an appointment Monday through Friday with her at The Elder Network Office. Call 507-285-5272, Ext #6 for an appointment.

Cancer Support Group

10-11am, 2nd Wednesday, June 10
5:15-6:15pm, 3rd Monday, June 15
Free and open to the public.

Grief Support Group

2:30-4pm, 1st and 3rd Thursday, June 4 and 18
Free and open to the public.

Parkinson's Support Group

1:30-3:30pm, 3rd Thursday, June 18
Free and open to the public.

Social Activities

These activities are FREE for social members

Updated 6/2/2026

Cards and Games

Billiards Room: Open during building hours

Bingo Tuesdays

11-11:45am, Tuesdays, Join us for a few bingo games every Tuesday in the Gathering Space. Beverage and a light snack are included. **Sponsor:** Laurie Mangen-Keller Williams Premier Realty
Free social member | \$3 fitness & nonmember
Register by 10am the day of event.

The following are held in the Birch Room, unless otherwise noted:

Hand, Knee & Foot: Mondays, 12pm-3:30pm

Cribbage: Tuesdays, 9am-11am

American Mahjong: Tuesdays, 12pm-3pm

Mexican Train: Tuesdays, 3pm-5pm

(Douglas Fir Space)

Mexican Train: Wednesdays, 12pm-3pm

Cribbage: Wednesdays, 1pm-3pm

(Douglas Fir Space)

Hand, Knee & Foot: Thursdays, 12pm-4pm

(Douglas Fir Space)

500 Cards: Thursdays, 1pm-3:30pm

Rummikub: Fridays, 9am-11am

Mexican Train: Fridays, 1pm-3pm

(Douglas Fir Space)

Texas Hold 'Em: Fridays, 1pm-3pm

Bridge: Sundays, 1pm-4pm

Informational Activities

Tech Sharing Discussion Group

11am- Noon, Mondays in the TLC

Join our weekly discussion group about all things digital.

June 1: Elton Hills Drive— Description 1 Hour 1 Topic

June 8: Hidden Car Godets- Dan Nelson

June 15: Securing Your home network with Jim Anderson and Dan Nelson

June 22: Learn About Weather Alerts with Steve Wiebke

June 29: Open discussion

Social members are free. Nonsocial members must purchase a \$10 day pass at membership services. Registration is not required.

Drop-In Tech Help

Noon-1pm, Mondays in the TLC

Have questions about your smartphone, email, navigating websites, or staying safe online? Drop into the Technology Learning Center (TLC). Our dedicated technology volunteers will share their expertise to answer your questions. Social members are free. Nonsocial members must purchase a \$10 day pass at membership services.

Registration is not required.

Senior Planet from AARP

Helps people age 60+ learn about technology to reach their goals, find community and thrive in the digital world. Learn more at <https://seniorplanet.org/> . For a list of 125 LIVE technology classes, see the 125 LIVE monthly Program Guide.

One Hour One Topic

10-11 am Mondays | Free for Social Member

June 1 Proposed Changes to Elton Hills Drive. Join Dan Doering, Ward 6 council member and city administrator, and a representative from Rochester Public Works in the River Rooms for an overview of the proposed changes to Elton Hills Drive. Because these updates will affect everyone who visits 125 LIVE, community input is encouraged.

June 8 Aging in Place with Laurie Mangen. Are you among the 93% of adults aged 55 and older who believe aging in place is essential to a happy, healthy life? If so, this session is for you. Aging in place is a meaningful goal, but it also takes planning, patience, and practical knowledge. This discussion will cover key considerations and help you better understand how to prepare.

June 15 Youth Vaping in Olmsted County. Shantel Maharaja from the American Lung Association will lead a discussion on youth vaping in Olmsted County.

June 22 Zumbro Independent Passenger Service (ZIPS). Devin Laiho, RPT mobility coordinator, will lead a discussion on this shared-ride transportation service for individuals who are unable to use Rochester Public Transit's fixed-route service due to a disability.

June 29 Healthy Home Helpers. Sustainability coordinators Kayla Betzold from the City of Rochester and Lorenzo Munoz from Olmsted County will discuss a new City of Rochester program designed to help residents improve indoor air quality, better understand home energy use, and connect with resources that support healthier, more efficient living environments. Learn more: <https://www.rochestermn.gov/news/posts/city-of-rochester-launches-healthy-home-helpers-program/>

Music

Friday Concerts

10:30-11:30 am, Fridays

June 5: Young @ Heart Choir

June 12: Paul Kern

June 19: Tom Muschler

June 26: Roch BottoMN

Music Jam Session

1-3pm, Wednesdays

Young @ Heart Choir

10-11am, Wednesdays

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