SOCIAL ACTIVITIES

125LIVEMN.ORG | 507-287-1404
UPDATED 10/29/26

These activities are FREE for social members
Closed Thursday, November 26 - Open Friday, November 27 8am-3pm

CARDS AND GAMES

Billiards Room: Open during building hours

Bingo:
11-11:45am, Tuesdays, November 3, 10, 17, 24
Join us for a few bingo games every Tuesday. Beverage and a light snack are included. Sponsor: Laurie Mangen-Keller Williams Premier Realty
Free social member | $3 fitness & nonmember
Register by 10am the day of event.

The following are held in the Birch Room, unless otherwise noted:
Hand, Knee & Foot: Mondays, 12pm-3:30pm
Cribbage: Tuesdays, 9am-11am
American Mahjong: Tuesdays, 12pm-3pm
Pinochle: Tuesdays, 1pm-3pm (Douglas Fir Space)
Mexican Train: Tuesdays, 3pm-5pm (Douglas Fir Space)
Mexican Train: Wednesdays, 12pm-3pm
Cribbage: Wednesdays, 1pm-3pm (Douglas Fir Space)
Hand, Knee & Foot: Thursdays, 12pm-4 pm (Douglas Fir Space)
500 Cards: Thursdays, 1pm-3:30pm
Rummikub: Fridays, 9am-11am
Mexican Train: Fridays, 1pm-3pm (Douglas Fir Space)
Texas Hold 'Em: Fridays, 1pm-3pm
Bridge: Sundays, 1pm-4pm

INFORMATIONAL ACTIVITIES

Social members are free. Non-social members may purchase a $10 day pass at membership services. Registration is not required.

Cops and Coffee
11am-12pm, 3rd Thursday, November 19
Join officers from our community while you enjoy coffee and discussion with members of the Rochester Police Department. Registration is not required.

One Hour One Topic
10-11am Mondays in the TLC
November 2: 10th Anniversary Celebration

November 9: Open Discussion

November 16: Tosh Bimbra- Discover the Sounds of Indian Music. Explore the rich sounds and traditions of Indian music through three fascinating instruments: Harmonium, Tabla, and Dilruba. Learn about the history and role of each instrument and how they come together to create the distinctive sounds of Indian music.

November 23: Melanie Tschida – American Red Cross will lead a discussion about being prepared for natural disasters, such as tornadoes, severe windstorms, etc., and how volunteers are involved locally and nationally in disaster response. **CONTINUED next column---->**

INFORMATIONAL ACTIVITIES

CONTINUED Melanie Tschida
Bring your questions about increasing your personal preparedness and the best ways to help others after a disaster strikes, including how to become a volunteer yourself.

November 30: Open discussion

Tech Sharing Discussion Group
11:30am-12:30pm, Mondays in the TLC
Join our weekly discussion group about all things digital.
November 2: Faith Sell- How the Hoover Dam was built. What happens as Lake Mead water levels recede.

November 9: Dan Nelson- Xerox threw the future away with inventions they never pursued.

November 16: Fred Ziecina- The History/origin of units of measure, and current standards

November 23: Tosh Bimbra- WhatsApp, a free, internet-based instant messaging and calling service owned by Meta.

November 30: Open discussion

Drop-In Tech Help
12:30-1:00pm, Mondays in the TLC
Have questions about your smartphone, email, navigating websites, or staying safe online? Meet with our technology volunteers for support and answers. Ask your questions.

Need Help with Your Apple Device?
12:30- 2:30 pm, Wednesdays and Fridays
Get friendly, one-on-one help from Wayne Harvey with your Apple Watch, iPhone, iPad, or MacBook. No appointment needed. Bring your fully charged Apple device and your questions. Check in at Membership Services for our meeting location.

Senior Planet from AARP
Helps people age 60+ learn about technology to reach their goals, find community, and thrive in the digital world. Learn more at https://seniorplanet/org/ For a list of 125 LIVE technology classes, see the 125 LIVE monthly Program Guide.

MUSIC

Friday Concerts
10:30-11:30am, Fridays
November 6: Tom Burson and The Dreamers
November 13: Jane Foote
November 20: Roch BottoMN
November 27: Patience and Fortitude

Music Jam Session
1-3pm, Wednesdays

Young at Heart Choir
10-11am, Wednesdays

SOCIAL ACTIVITIES/EXTRAS AT 125 LIVE

INTEREST GROUPS

Castle Quilters
8-11:30am, Mondays
8-11:15am, Fridays

Creative Corner
1-3pm, 1st and 3rd Monday, November 2 and 16
A relaxed, welcoming space for artists of all levels to drop in, work on personal projects, and connect with other creatives. No instruction, just inspiration and community. Bring your own art supplies and ideas.

Exploring Photography
2-4pm, 2nd and 4th Thursday, November 12, CLOSED **November 26**

Family History Club
2-4pm, 2nd Monday, November 9

125 LIVE Electronics Communications Group
2-3pm, 3rd Tuesday, November 17
We will be demonstrating two ways the 125 LIVE amateur radio station can be used to talk to other ham radio operators locally and around the world. This radio station is available to all licensed amateur radio operators that are 125 LIVE social members.

Knit and Crochet
12:30-2:30pm, Mondays
12:30-2:30pm, Tuesdays
11:30am-1:30pm, Fridays

Photographic Post Processing & Editing
2-4pm, 1st and 3rd Thursday, November 5 and 19

Pottery Studio
Open during building hours unless the studio is closed for cleaning or a class is in session. Please check the calendar in the pottery studio.

The "Original" Book Club
10-11:30am, 2nd Thursday, November 12
Book discussion: *The Night Watchman* by Louise Erdrich

Woodcarving
9-11:30am, Tuesdays

RECREATIONAL WELLNESS

The following recreational wellness activities are free for BOTH Social and Fitness members.

Pickleball
Offered daily in Studio 1, Willow Room, and Outdoor Courts. Please see the Pickleball schedule for details.

Ping Pong
12-1:45pm, Tuesdays & Thursdays
10:45am-12pm, Saturdays

Square Dance
12-3pm, 1st and 3rd Tuesday, November 3 and 17
12-1pm: Learn the steps to square dancing
1-3pm: Square dance calling

COMMUNITY OUTREACH

125 LIVE provides our facility to several support groups within our community. These support groups are free for our members and the public.

Alzheimer's Caregiver Support Group
1:30-3pm, 1st Thursday, November 5
5-6:30pm, 3rd Thursday, November 19
Free and open to the public.

Early Stage Support Group for Those Living with MCI/Early stages of Dementia
10-11am, 1st Monday, November 2
12-1pm, 1st Thursday, November 5
Early stage support group for those living with MCI/Early stages of dementia. Pre-screening is required to join this group. Please call the Alzheimer's Association at 1.800.272.3900 to complete it.
Free and open to the public | No Registration Required

Best Buddies Club
3:30-4:30pm, Thursdays
Free and open to the public | No registration required

Elder Network
9:30-11am, 3rd Tuesday, November 17
Senior Advocate Kate Jirik provides information and assistance to those 55 and older and their family caregivers. Get help with community resources such as housing, home care, and transportation, or solving a problem like how to apply for assistance or finding a support group. You can also schedule an appointment with her Monday through Friday at The Elder Network Office. Call 507-285-5272, Ext #6 for an appointment.

Cancer Support Group
10-11am, 2nd Wednesday, November 11
5:15-6:15pm, 3rd Monday, November 16
Free and open to the public.

Grief Support Group
2:30-4pm, 1st and 3rd Thursday, November 5 and 19
Free and open to the public.

Parkinson's Support Group
1:30-3:30pm, 3rd Thursday, November 19
Free and open to the public.